

Starlight Ranch Mobile Homeowner's Association, Inc.

May 2016

#### www.starlightranchhoaweb.com

#### TACOS RANCHEROS

Thirty-five attendees left full and satisfied after consuming the delicious taco dinner prepared on Saturday evening, April 23. Soft or hard shell, chicken or beef, refried beans and Spanish rice with all the traditional fixings filled the plates and made for a fun evening for the community. Conversation and laughter filled the clubhouse, and to close the evening were delightful desserts donated and made by Rena Hunt, Nilsa Roque, Miriam Rodriguez and Cathy and Carlos Mercado. Mexican hats off to Georgia Moffat and the team of volunteers Laurie, Betty, Linda, Suzanne and Minnie!







MORE PHOTOS ON PAGE 9!!!

#### MOTHER'S DAY IS OVER 100 YEARS OLD!

The holiday honoring motherhood is observed in different forms and times during the year throughout the world. The American incarnation of Mother's Day was created by Anna Jarvis in 1908 at a church in West Virginia, following the death of her mother Ann three years prior. She conceived the holiday as a way of honoring the sacrifices mothers made for their children.

Ann had helped start "Mothers' Day Work Clubs" prior to the Civil War to teach local women how to properly care for their children and then after the war they became "Mothers' Friendship Day," at which mothers gathered with former Union and Confederate soldiers to promote reconciliation.

Anna, who remained unmarried and childless her whole life, resolved to see the holiday added to the national calendar. She argued that other holidays were biased toward male achievements and started a campaign to newspapers and politicians urging the adoption. Her persistence paid off in 1914 when President Woodrow Wilson signed the measure officially establishing the second Sunday in May as Mother's Day.

#### Did You Know?

More phone calls are made on Mother's Day than any other day of the year. These holiday chats with Mom often cause phone traffic to spike by as much as 37 percent.

#### FROM THE HOA BOARD

By Mary Rivera

A big "Thank You!" to Jerry Scott for your hard work in partaking and holding the Treasurer position since 2014; it was the memberships' gain with your enthusiasm for helping. Your experience was appreciated, as you stepped up with updating the HOA's bylaws and contributed on various other committees. Thank you to Betty Scott as well for organizing multiple boxes of older records. Thank you both for sacrificing your time and energy for the betterment of the community.

Your HOA Board is hard at work for the MEMBERS and residents alike to improve the lifestyle on the Ranch. Below are a few updates from our last regular meeting April 13:

- ★ Nine new members joined in March
- ★ Reorganization of Board and Committees
- ★ Bylaws are back from attorney review, hoping to finalize in May
- ★ Reformation of Membership Committee, moving forward with membership drive
- A resident concern regarding possible drug sales in the park highlights the need to pass on that all residents should know to report suspicious activity to Central Florida Crimeline: 800-423-TIPS (8477) and/or the Orange County Sheriff's Office non-emergency number: 407-836-4357. Also, please complete a complaint form in the office.

The Statutory Committee has also been reestablished and will continue to work towards having an agreeable long-term contract in place with EquityLifestyle Properties before the end of the year.

#### HOA Board

Jose Rodriguez, President PT: 321-229-5429

Mary Rivera, Secretary: 321-663-0507

Vacant, Treasurer:

Harvey Edgerton, Director: 407-271-4828

Roger Hebert, Director: 407-592-3850

Bob Marley, Director: 407-228-0846

Carlos Rodriguez, Director: 407-969-0527 Please plan to attend the next HOA meeting on Wednesday, May 11, at 7:00 PM and there will be a Town Hall meeting on Saturday, May 21, at 11:00 AM with snacks and social hour afterwards.

#### WATERING RESTRICTIONS



Now that we are back in Daylight Savings Time, remember that the rules pertaining to lawn watering are now twice per week.

Houses with odd-numbered addresses may water on Wednesdays and Saturdays, even-numbered addresses may water on Thursdays and Sundays. You should only water, for no more than one hour, before 10:00 AM or after 4:00 PM. The rules are relaxed for residents that have installed new sod or landscaping. After November 6 and the end of Daylight Savings Time watering will be reduced to one day per week.

For more details, call the Water Division at: 407-254-9850 or visit the website:

http://www.orangecountyfl.net/Water GarbageRecycling/WateringRestrictio ns.aspx#.VxU25UerE20



#### **Resident Spotlight**

By Joan Stearns

Speaking with Joy Durgin was such a delight. She made her way to Starlight Ranch around Thanksgiving, 1999, via Long Island and Ft. Lauderdale. Joy is Bob Marley's (one of our Board's new members) mom. She loves Starlight Ranch! She feels it's



the best decision she ever made! She goes to Monday evening Bingo, most of our activities, or just sits by the pool talking to neighbors.

Joy loved travelling, mostly with her dear friend, Joanie, who lived across the street from her in New York State. What adventures she has had!

In 1971, she and Joanie were gone two months, following the suggestions of the travel guide, "Europe on \$5.00 a Day." For example, in Tossa de Mar, Spain, they paid \$3.65 each for an inn right on the Mediterranean, which also included breakfast, lunch, and dinner!

In 1973, she travelled to England and Ireland, with her Dad, to visit family. In 1985, she returned to Ireland with her brother and sister-in-law, and had a glorious time driving around the country for a month. Joy feels that Ireland is such a precious gem. She fell in love with the soft, misty rain, and the deep, rich green color of the landscape. Did you know that Ireland is the only country in the world that has a musical instrument – the Harp! – as its national symbol.

In 1989, she went to Ireland again, with friends. In 1993, she went to Nova Scotia and Prince Edward Island. She and Joanie spent three weeks in lovely Canada. The Bay of Fundy in Nova Scotia has the world's highest tides, and is a whale-watching destination. Prince Edward Island's is known for its informal name – "Garden of the Gulf" – as it has lush agriculture lands throughout.

In 1995, she and Joanie spent another month in Ireland and Scotland. In 1998, they drove to six National Parks! They absolutely loved Glacier National Park and the Grand Canyon.

In 2007, Joy travelled to Ireland again, with her son, Bob, as he had never been there.

In 2015, Joy took an amazing Riverboat Cruise for 12 days. She flew into Amsterdam, went down the Rhine River, stopping in Germany, France, and Switzerland. However, this was her most frustrating and difficult trip, as most German streets are cobblestone and were impossible to travel down with a walker.

What did she do to stay healthy during her travels? Her advice is to eat what the locals eat...include lots of fresh fruit and vegetables. Don't drink the water; drink wine!

Her hint if you're having trouble understanding the language? Look for an 8 -12 year-old child, as these kids are taught English!

Today, she feels travelling is not a pleasure anymore...airports are so crowded, seats are smaller, and airline tickets are more and more expensive. [Additional photo on page 9]



**To Your Health** By Ron Speener

The fear of Alzheimer's and other similar diseases are a real and growing fear as we age. We become more sensitive to our own lapses and think decline when what we are experiencing is normal. Research over the last 20 years on memory and aging gives pause for hope.

Declines with aging	No Change or Improvement
The speed we learn new things, which is why computers and smart-phones can sometimes be a challenge	Language ability does not decline
It is more difficult to multitask	Skills learned stay the same
It takes longer to recall information. It is not lost; just not immediately handy	The ability to work with general concepts and facts improvethe wisdom of elders

Even if there are more than normal episodes of memory loss, they may not be signs of dementia. Many other reversible factors can cause memory loss episodes, such as anxiety and medications.

Also, the old saying applies, "If you don't use it, you lose it." Keeping the brain active and working keeps the memory sharp. Here are some things you can do:

- ★ Socialize & keep active
- ★ Train the brain—play games
- ★ Keep lists & use clues to remember

Although we are getting older and our bodies and minds are changing, in many important ways we are getting better. (Memory and Aging, APA - https://www.apa.org/pi/aging/memoryand-aging.pdf)

#### 50+ FYI Expo

Check out the latest trends! Speak with:

- ★ Agencies for elder care
- ★ Health care professionals
- ★ Area service providers and more
- ★ Entertainment & food

May 20, 2016; 8:00 AM to 2:00 PM. Free admission, parking, seminars & Cabaret Entertainment!

> **Renaissance Senior Center** 3800 S Econlockhatchee Trail 407-265-0534

#### See page 13 for more information



### WATER EXERCISE RETURNING

By Laurie Lyons

The popular water exercise sessions will startup again on June 2. The hour-long (on average) classes will be held, weather permitting, on Tuesdays and Thursdays beginning at 10:00 AM at the front (adult) pool. You will need a water noodle and water weights (two empty half-gallon plastic milk containers with lids will work too!).

YOU DO NOT HAVE TO KNOW HOW TO SWIM TO PARTICIPATE as all exercises are easy and completed in the shallow-end of the pool. You participate at your own pace; sessions are accompanied by lively music and fun! Sign-up on the clipboard in the front (ACH) clubhouse. Please bring your Starlight Ranch Resident ID / Pool Pass card (and sunscreen!) when you come.



#### BIRTHDAYS

Aida Sierra - Janice Traynor -	5-1 5-2
Al Brown -	5-6
Colin Galicki -	5-16
"Kat" Kathryn Ayers -	5-18
Maria Lalama -	5-19
Barbara Thorne -	5-20
Haggeo Sandoval -	5-22
Steve Pepper -	5-25
Dave Wegman -	5-26
Blanca Rivera -	5-27
Kelly Laverty-	5-29
Daniel Fonteine -	5-30



Miniversa	aries
Kyle & Diane Laverty -	5-23
Jerry & Kathy Mahn –	5-29
Craig & Patty Olsen –	5-31

If you would like your birthday or anniversary listed in future issues, please either print the information on the clipboard in the front (ACH) clubhouse or contact Mary Rivera at 321-663-0507. Also, please let her know of any residents that have passed-on or moved away.

#### HOA HOSTED EVENTS:

By Georgia Moffat, Activities Chairperson

Mother's Day Dinner	May 7	6:00 PM	ACH
HOA Meeting Vet's and	May 11 May 13	7:00 PM 7:00 PM	ACH ACH
Friends	iviay 15		ACH
Ice Cream	May 14	1:00 PM	ACH
Social	May 01	11.00	
HOA Town Hall Meeting	May 21	11:00 AM	ACH
& Social Hour			
Bingo by WellCare	May 25	2:00 PM	ACH
Memorial Day B-B-Q	May 28	2:00 PM	ACH

#### WEEKLY ACTIVITIES CALENDAR

- ★Monday Bingo 6:45 PM (Last Sale 6:30) ACH
- ★Tuesday and Thursday Chair Exercise -10:00 AM – MCH
- ★Wednesday Bread Distribution 9:00 AM (Tickets beginning at 8:00) – ACH
- ★Thursday Bunco 6:00 PM ACH



#### CALL FOR VOLUNTEERS

A dinner or event for 50 people can be a chore, or two, or three, or more! That is why we are constantly on the look-out for friends and neighbors that can volunteer and lend some helping hands to contribute and make monthly activities even more successful. We need your help and expertise with <u>cooking</u> (preparing the meat, pasta, etc. for two to three hours), <u>preparation</u> of side dishes, <u>serving</u> (putting the food on plates for 15-20 minutes) and <u>cleaning-up</u> (tables, washing dishes and restoring the clubhouse) afterwards.

Please use the Volunteer Sign-up Sheet; it is always located behind the sign-up sheets for the various events in the front (ACH) club house kitchen area. Mix, mingle and turn these chores into fun with your neighbors while assisting in hosting our events.

#### APRIL VETERAN'S SOCIAL HOUR

By Pat Williams

So glad to see our veterans Richard Balderson (Navy), Jackie Bedard (Navy), John Bertch (Army), Dave Douma (Marines), Joe Laferriere (Navy), Laurie Lyons (Navy) and Jerry Scott



(Navy). Where are you Air Force and Coast Guard members?! Tenhut and represent! Also attending were Barry,

Betty, Craig, Pat and Patti. We all shared a pleasant hour of conversation and memories.

Another huge thank you to Patti Olsen for the work you put into our delicious meals each month. This time we had three kinds of sandwiches: Chicken salad, egg salad, and tuna salad. They were accompanied by cut-up fresh fruits and cookies for dessert.

What would it take to get more Veterans back to our group? If anyone has some suggestions, please stop by at our Veteran's night (second Friday of the month, 7:00 PM, at the back (MCH) clubhouse) and let us know. Also, I'm still available to do Veteran interviews for our newsletter. That was always enjoyable doing. The interviews would take place in the front clubhouse. Call Pat at 407-273-0773.

#### Hola Amigos Residentes Del

#### Rancho Starlight

Por: Jose Rodriguez Presidente PT

Este es mayo, el mes del Dia de las Madres. Este dia se viene celebrando desde el año 1908.

O sea por cientodiesiocho (118) años. Todo empezo en una iglesia donde asistía una joven que había perdido su madre tres años anteriormente. Ella extrañaba mucho a su madre y quiso honrarla por los muchos sacrificios que ella y todas las medres hacían por sus hijos.

La joven se propuso a que ese dia fuese un dia festivo nacional y argumentaba que los otros dias festivos favorecían los exitos de los hombres. Empezo una campaña pidiendole a los periodicos y politicos que adoptarán su sugerencia. Su persistencia ganó y en el 1914 el Presidente Woodrow Wilson firmo, estableciendo el segundo domingo de mayo Dia de las Madres.

Como siempre, tubimos otra exitosa actividad el 23 de abril. Treintaycinco personas asistieron lo que fue una comida, pero de tacos. Se sirvierón tacos blanditos o tostados, de pollo o de carne de res. Habia arroz, habichuelas y de todo lo tradicional para comer tacos. Los postres no se quedan atras y eran muchos, todos donados por personas como: Cathy y Carlos Mercado, Rena Hunt, Miriam Rodriguez y Nilsa Roque. Cogratulaciones a Georgia Moffat y sus voluntarias Betty, Laurie, Linda, Minnie y Suzanne.

Ahora que estamos de nuevo en horario que nos da mas claridad diario (DST), tenemos que recordarnos que las reglas para rociar su patio o jardin son dos veces a la semana. Direcciónes terminando con numeros nones pueden rociar los miercoles y sabados. Direcciónes terminando con numeros parejos pueden rociar los jueves y domingos. Solo se debe rociar por una hora o antes de las diez de la mañana o despues de las cuatro de la tarde. A residentes que hayan instalado nueva grama se les dara mas oportunidad. Estas reglas cambiarán a una vez a la semana despues de noviembre 6 al concluir el DST.

Y hablando de agua...pues los ejercicios de agua comenzaran otra vez junio 6 por una hora todos los martes y jueves si el tiempo lo permite en la piscina del frente. No se lo pierda, es una gran forma de hacer ejercicios y hasta perder peso. No es necesario saber nadar para participar ya que la actividad se lleva a cabo en el lado llano de la piscina a un paso muy suave.

Deberia tener su propio equipo tal como: pesas de agua, el noodle o flotante largo (dos medios galones de leche con su tapa se pueden usar. Apuntese en la casa club del frente.

Ocupamos este ultimo espacio o parrafos para exhortarle que se unan a la Asociación de Dueños de Casas (ADC) o Homeowners Association (HOA) como se le llama en Ingles.

Esta organización trabaja todos los dias para mejorar las condiciones y programas de este parque. La tarea no es facil y por lo regular "los mismos ocho gatos hacén todo el trabajo."

Por esa razón y mas por la necesidad de tener grandes numeros le rogamos que se unan. Hablamos de tener grandes numeros porque eso es lo que la corporación dueña de este parque nos tira en la cara 'ustedes no tienen los numeros, ustededes son poco para hablar por todo el parque, y esto pasa cuando queremos discutir o negociar los aumentos de la renta y los pobres servicios.

Otra gran necesidad es la de voluntarios para las actividades. No necesitamos a nadie con talentos especiales, lo que necesitamos son personas dispuestas a ayudar. Solo necesitamos su asistencia y sus manos. Hay algo que usted puede hacer para ayudarnos, se lo garantizo!

Bien Amigos Residentes, sera hasta la proxima!

#### **Resident Classifieds**



Call for Free Estimates

407-275-1904 321-246-3369 470-205-6194

ZIPPERS, SEAMS, HEMS



Any Repair & More Starlight Residents

# Eleanor (Maxine) Dray Call: 407-925-0939

Free lessons in English or Spanish Ex-professor from Univ. of Puerto Rico Max Gonzalez Tel: 787-413-3613

For sale: Electric Cozy Trike 2015 Adult Tricycle - \$800.00, it can go 20 miles on one charge. For more information call Laurie at 352-210-6868 or 407-802-4762 and leave a message.

Important Telephone	Numbers
Emergency	Dial 911
Starlight Ranch Office	407-273-3130
Starlight Ranch	407-770-7015
Maintenance (After Hours	
& Weekends Only)	
Universal Towing	407-816-0102
Rattlesnake Security	407-545-1464
Watering Violations	800-232-0904
Orange County Animal	407-836-3111
Control	
Fraud Hotline	877-438-4338
Elder Abuse (DCF)	800-962-2873
Crimeline:	800-423-TIPS
	(8477)
Orange County Sheriff's	407-836-4357
Office - Non-emergency	

Sunday	Monday	Tuesday	wednesday	Inursuay	Friday	Saturday
	2	3	4 Bread 9 AM ACH	5 Chair Exercise 10 AM	9	7
		Chair Exercise 10 AM		MCH		Mothers Day Dinner
ш	Bingo 6:45 PM - ACH	MCH		Bunco 6:00 PM ACH		6 PM ACH
-	Last Sale - 630 PM			6583 6683 6783 6783 6783 6783 6783 6783 67		Desserts Welcome
8	Ø	10 Chair Exercise 10 AM	11 Bread 9 AM ACH	12 Chair Exercise 10 AM	13	14 Ice Cream Social and
Happy		MCH		MCH		Gift Card Bingo 1 PM
	Bingo 6:45 PM - ACH				VETS & Friends 7 PM	ACH
APC Day	Last Sale - 630 PM		HOA Board Mtg 7 PM	Bunco 6:00 PM ACH	MCH	
			ACH			
15	16	17 Chair Exercise 10 AM	18 Bread 9 AM ACH	19 Chair Exercise 10 AM	. 20	21 Townhall Mtg 11 AM
		MCH		MCH		ACH
ш	Bingo 6:45 PM - ACH					Social Hour & snacks
	Last Sale - 630 PM			Bunco 6:00 PM ACH		after mtg
						all the
23	23	24 Chair Exercise 10 AM	25 Bread 9 AM ACH	26 Chair Exercise 10 AM	27	<b>28</b> 99 99 97 97 97 97 97 97 97 97 97 97 97
		MCH	Bingo by WellCare	MCH		Memorial Day B-B-Q
	Bingo 6:45 PM - ACH	40	2 PM ACH			2 PM ACH
	Last Sale - 630 PM			Bunco 6:00 PM ACH		Desserts Welcome
29		31	Notes:			
	AVE THE OFFICE	Chair Exercise 10 AM MCH	ACH = Front Clubhouse MCH = Back Clubhouse			
	Bingo 6:45 PM - ACH					
	Last Sale - 630 PM					

the zu or each month, but earlier would be appreciated: Prease drop in the mail-slot of the PLOA Office or the Suggestion box in the front (ACH) clubnouse to the attention of Dave Wegman, Editor, and include your contact information. Contributions may be altered for size, clarify or grammatical correction.

#### MORE PHOTOS FROM TACO DINNER!















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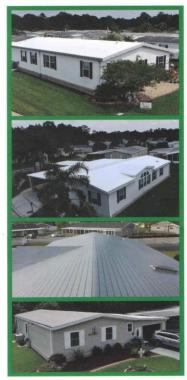




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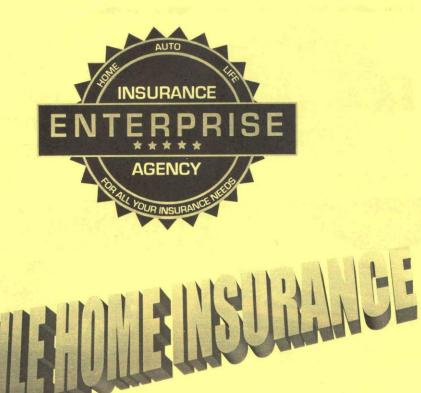






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#### Visit www.50PlusFYI.org for Exhibitors & Activities



May 20, 2016 — Friday 9:30 a.m. to 2:30 p.m. Renaissance Senior Center 3800 S. Econlockhatchee Trail, Orlando 32829 (South Curry Ford Road near the Greenway – 417)

#### Check out the latest trends! Learn about available resources.

#### Speak with the EXPERTS:

- Agencies Health care professionals
- Housing specialists Area service providers
- Professionals who provide valuable products and services for the active 50+ lifestyle!

The Company Players
Meet Jazz Legend "Miss Jacqueline Jones!"
Fred P. Hodes on Classical Guitar

FREE Amaze Yourself... Handwriting Analysis FREE

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### FREE Admission • Free Parking