

June 2016

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MAMMA MIA, IT WAS A PIZZERIA!

The Mother's Day dinner was held on Saturday, May 7, it was a fun event that saw 20 pepperoni, sausage and cheese pizzas; and fresh salad, veggies and all the trimmings disappear! The desserts were grand and plentiful with tasty pies, cupcakes, cakes, cookies and the much-sought after, Joan Laverty Cream Puffs! Miriam Rodriguez gave hand-made, rose-shaped lollipops to all the ladies. Thanks to the men, Carlos Mercado, Carlos Rodriguez, Ismael Campos and Sonny McRobie for stepping up and serving!







Additional Mother's Day photos on pages 9-11!

FATHER'S DAY ... A LONG TIME COMING

The holiday holds its origins to a sermon at a West Virginia church in 1908 and a Washington state celebration in 1910 after the efforts of Sonora Smart Dodd. National attempts to recognize it were made by Presidents Wilson in 1916 and Coolidge in 1924. Men fought it arguing that because they were the majority of 'breadwinners' for families that they ended up being the ones to pay for the holiday. Struggling Depression-era retailers and advertisers fought back in an effort to make it a 'second Christmas' for fathers. It was even tied to honoring the military and supporting the war effort during World War II.

It wasn't until 1972, in the middle of a hard-fought presidential re-election campaign, that Richard Nixon signed the proclamation making Father's Day a federal holiday. Today, economists estimate that Americans spend more than \$1 billion each year on Father's Day gifts.

Did You Know?

There are more than 70 million fathers in the United States.

FROM THE PRESIDENT ...

Hello Starlight Ranch residents! If by chance you have not heard, at the last board meeting I returned to my position as President of the HOA.

After doing some soul searching and talking with many residents, I felt that it is very important for me to apply what lessons and information that I have learned over the last couple of years into working through all of the issues we have facing us this year in moving forward with management (ELS) on our upcoming rent agreement and many other ongoing issues.

Although we really need to step up our membership to show to them that the Board has the support of the majority of the community, I do feel good about our statutory committee and how well our last meeting in February went with the issues that were resolved as a result from it. I'm looking forward to seeing those of you that I haven't seen in awhile and those that we haven't yet met.

We have a really great community with a lot of diverse and excellent people, so let's take time to get to know each other and make it an even safer, friendly place to call home! Thank you for your support! Curt





HOA Board

Curt Delong, President: 407-616-3745

Roger Hebert, Vice President: 407-592-3850

Mary Rivera, Secretary: 321-663-0507

Jose Rodriguez, Treasurer: 321-229-5429

Carlos Rodriguez, Director / SOA: 407-969-0527

Bob Marley, Director 407-228-0846

Vacant, Director

AND THE BOARD ...

Your HOA Board is steadily moving forward for the betterment of the community:

- ★ Reorganization of Board has Curt DeLong back as President, with other changes in Directors as well. (see list)
- ★ Statuary Committee activity fact checking and researching areas for management improvement and examples of a lack of service(s) to present at negotiations
- ★ Reaching out to the whole community to join the HOA for a collaborative unity in strength

Remember, we are always looking for ideas from the community on different activities and dinner themes. You can speak with any board member or put a suggestion in the box at the front clubhouse. We need all of you to help make this a fun, active place to live. Looking forward to hearing the great ideas everyone has!

TO YOUR HEALTH

By Ron Speener

We start to shrink after the age of thirty, and by seventy, it can be two inches. This is mostly the result of gravity pulling on our spinal cord and not shrinking bone size.

Of greater concern than shrinking is osteoporosis. Osteoporosis is the loss of calcium and other minerals from bones. While it is more common in women after menopause, it affects men as well. With osteoporosis, bones become brittle and fracture. Many broken hips are not from falls but from spontaneous fractures of brittle bones, which then causes the fall. Loss of bone mass also affects posture and walking. We shuffle rather than pick our feet up, spines curve into a "widow's hump".

Other changes are in cartilage. It prevents joints from directly rubbing together. However, with age, cartilage thins, and we have hip and knee replacements and joint stiffness.

We do not need, however, to resign ourselves to slow deteriorations. We can take steps to reduce or even improve our bones: exercise and good nutrition are a vital start.

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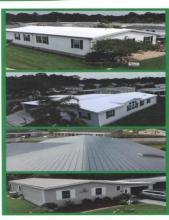




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By Joan Stearns



What a great life Gene Mudrak has had in our park. He has lived here for 44 years! Can you imagine paying only \$50.00 a month for rent?!

In March, 1972, he was tired of the winters in Minnesota: he traveled to Orlando on vacation

staying in a camper at Yogi Bear's Jellystone Campground. He called a buddy and had him bring down his boat, TV and motorcycle and has never left! His original job in our glorious weather was that of a cook in the first restaurant on International Drive. He met a waitress there who lived in Starlight Ranch and loved it here – so he moved to Ranch House Road. He then went to work for Corey Coffee Service as a sales representative for 25 years.

In 2012, Gene moved to a double-wide on Campfire Lane. He now hauls cars for Auto Nation,

Another Gene photo on page 9!

and would love to meet some neighbors who play tennis.

- ★ He was here when the first owner of our park, John Day, lost it in a gambling game
- ★ He recalls when the developed park ended at the drainage canal bridge
- ★ The pool used to have a lifeguard ... There were times when there were so many kids in the pool that the lifequard switched between them and adults every half hour
- ★ There were cookouts at the pool every weekend and it was kept open until 11 pm
- ★ And, how about this ... there used to be Memorial Day Barbeques featuring free beer!





MAY VETERAN'S SOCIAL HOUR

By Pat Williams



A special evening for our Veterans Joe Laferriere, John Bertsch, Jackie Bedard, Richard Balderson and Eriberta 'Bert' Cleveland, widow of recentlypassed Bill Cleveland and other friends and guests was arranged

by Craig and Patti Olsen.

We began outdoors with the raising and dedication of the new flag, donated by Colin Galicki and Betty Fisher. Colin keeps a close-eye on its condition and wants to ensure that there is always a well-kept beauty flying over the South Clubhouse where the Veterans group meets. This is the fourth flag that they have donated over their years on the Ranch. The POW / MIA flag was quite tattered and not reflown, and we are in need of a replacement. Everyone sang The Star Spangled Banner while enjoying the breezes and near-perfect spring evening.

Patti prepared the delicious 'all-American' favorite, Sloppy Joes accompanied by fresh fruits, vegetables and chips. Assorted cookies and an amazing, out-of-this-world Dump Cake tipped over everyone's calorie counters!

It was a wonderful evening, Eriberta, I just want to say it was such a pleasure meeting you and I hope that you'll be able to be with us each month. Our group takes a summer break during June through August and will resume again on September 9. Hope to see you then!

More Vets and Friends photos on pages 11 & 12!

RECYCLE ON WEDNESDAYS

By Ruthie Henley



Be a good Rancher and environmental steward by doing your part with recycling efforts! Each Wednesday two passes are made by trucks to collect materials placed at the curb (no earlier than 6:00 p.m. on Tuesday, please). If you

need a recycling bin, please put in your request at the ELS office, they will request and coordinate delivery to you with the contractor.

Very early, typically around 7:00 a.m., the first pass is made to collect yard waste which includes: grass, tree and shrub trimmings placed in bags, cans or bundled into three-foot lengths tied with twine or string.

The second pass is made later in the day to collect other items placed in a bin. Newspapers, pasteboard, flattened cardboard boxes, magazines, etc. Items soaked with food residues (like pizza boxes) are not allowed. Other items for the bin can include cans, glass, empty aerosol cans and plastics with the triangle-shaped symbol (with number 1 or 7) on them.

Help us take pride in being a community that cares ... Keep it up recyclers! For more details and complete list of what is and is not allowed visit: http://www.ocfl.net/WaterGarbageRecycling/GreenClean2016.aspx#.VxZb4EerE20

Or call 407-836-6601

Courtesy Please ...

- ★ If you raise an umbrella while at the pool, please lower it when you leave. Our Florida storms and winds love to knock them over damaging them and the new furniture.
- ★ If you sign up to attend an event and then plans change and you can't, please cross your name off the list. Food is purchased based on the number signed-up and we don't want waste or overspending.

Thank You!

From Carlos Mercado & Nilsa Roque:

ORANGE COUNTY MOSQUITO CONTROL: 407-254-9120

The MORE that CALL, the MORE they SPRAY!

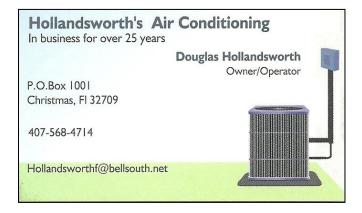
HOA HOSTED EVENTS:

Activities Committee

Ice Cream Social / Gift Card Bingo	June 4	1:00 PM	ACH
HOA Board Meeting	June 8	7:00 PM	ACH
Father's Day Dinner	June 18	6:00 PM	ACH
Bingo by WellCare	tba	tba	ACH

WEEKLY ACTIVITIES:

- ★ Bingo Monday 6:45 PM (Last Sale 6:30) ACH
- ★ Bread Distribution Wednesday 9:00 AM (Tickets beginning at 8:00) – ACH
- ★ Bunco Thursday 6:00 PM ACH
- ★ Chair Exercise suspended for June, July & August will return in September
- ★ Water Exercise Tuesday & Thursday -10:00 AM - ACH





Albert & Gert Michaels - June 7 Ken & Carol Dobbs- June 12 Larry Cohen & Sabrina Smith - June 21 John & Carolyn Bertsch - June 27 Edward & Gerry Eten - June 30 Terry & Maxine Dray - June 30



Carmen Cartasona - June 1
Carmen Viera - June 3
Luz Maria Mejias - June 7
Elaine Jenkins - June 8
Betty Scott - June 9
Mike Yamin- June 10
Norma Vaughn - June 11
Joan Laverty - June 12
Richard Collard - June 14
Mike Jones - June 20
Wilson Correa- June 21
Eneida Castillo - June 29
Bertha Meyer - June 29
Bette Day - June 30



Wellington 'Bill' Cleveland, 97, longtime resident passed away on April 6. Bill served in the Army Air Corp in World War II and participated in our Veterans Group.

Gigi Rife, 57, lost her battle with cancer on April 26. Gigi moved to Starlight Ranch after her mom passed away. She was a terrific neighbor and friend you could count on for anything. Her friendship and kindness will be missed.

Juan Negron, 75, passed away May 7. He was a resident for over five years and survived by his wife Maria and three children.

Our condolences and prayers go out to the families.

If you would like your birthday or anniversary listed in future issues, please either print the information on the clipboard in the front (ACH) clubhouse or contact Mary Rivera at 321-663-0507. Also, please let her know of any residents that have passed-on or moved away.

Hola Residentes Amigos del Rancho Starlight

Por: Jose Rodriguez, Miembro

Como ya saben, estamos en verano, y se nota, pues los días de temperatura en los 90s vienen más a menudo. Pero....que importa?! Por eso muchos de nosotros nos mudamos para haca después de muchos años en el frio. ¡De mi parte el calor no me molesta, pues con aire acondicionado en la casa, en el carro y donde quiera que voy, estoy súper bien!

Bueno, y siguen los cambios en nuestra organización, algunos buenos y otros no. En los últimos tres o cuatro meses ha habido un total de seis (6) renuncias de la junta. Por un corto tiempo pudimos llenar los vacantes, pero de momento surgió una más. En este momento hay una vacante.

Una de las personas que renuncio fue el que estaba como presidente Curt DeLong. El mismo quiso reintegrarse, así fue y lo escogieron otra vez como presidente. Para mí fue buena decisión, pues este señor estaba haciendo tremenda labor y sé que volverá a lo mismo. En esa ocasión también eligieron a Roger Hebert como vice presidente y yo asumí el puesto de tesorero ya que ninguno en la junta lo podía hacer.

Dos comités establecieron que se recientemente están trabajando muy diligente y muy fuerte. Esos son el comité de membrecía y el de negociaciones. La tarea del primero es aumentar la membrecía para que tengamos los números para poder sentarnos en la mesa con los que deciden muchas cosas que afectan nuestras vidas diariamente. Esta tarea consiste de buscar los que no son miembros y presentarles nuestra situación y convencerlos a que se unan con nosotros. El segundo comité es muy importante ya que el trabajo de ellos es preparar data, materiales y ellos mismos para poder poner nuestros puntos de vista y argumentos frente a la corporación dueña de este parque en el momento que quieran subir los precios y

rebajar los servicios. Para servir en este comité necesitamos personas que entiendan contratos, leyes, un poco de "real estate" y rentas.

Sabía usted que:

Nuestro cuerpo comienza a encoger a la edad de treinta (30), y ya a los setenta (70) puede ser dos (2) pulgadas. Esto es mayormente el resultado de la gravitad halando la espina dorsal y no encogimiento de los huesos.

De más preocupación debe ser la osteoporosis, que es la perdida de calcio y otros minerales de los huesos. Aunque esta condición afecta más а las mujeres, especialmente después de la menopausia, también afecta a los hombres. Por la osteoporosis los huesos se ponen débil y frágil v se parten fácilmente. Muchas caderas rotas no son a causa de las caídas, sino por roturas espontaneas de los huesos frágil, cuales entonces causan las caídas.

No es necesario que nos resignamos a deteriorarnos lentamente. Podemos tomar los pasos necesarios para mejorar nuestros huesos: ejercicios y buenos nutrientes son un comienzo vital.

Dice nuestro Presidente Curt DeLong:

"Tenemos una gran comunidad con muchas diversas y excelentes personas, así es que debiésemos coger el tiempo para conocernos mejor y hacer esto un más seguro y amistoso lugar cual podemos llamar nuestro! Gracias por su apoyo!"



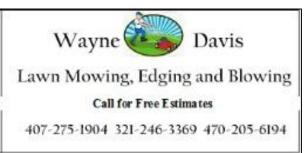
Resident Classifieds











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For sale: 1991 Cadillac Brougham - Only 57K miles, \$8300 invested - Must Sell - \$7,000 - Call Rick at 678-777-5697

Needed: Resident looking for someone to do house cleaning couple times a month, run errands (grocery store, doctor appointments, etc.) if interested call Linda at 407-734-5075.

Important Telephone Num	bers
Emergency	Dial 911
Starlight Ranch Office	407-273-3130
Starlight Ranch Maintenance	407-770-7015
(After Hours & Weekends	
Only)	
Universal Towing	407-816-0102
Rattlesnake Security	407-545-1464
Watering Violations	800-232-0904
Orange County Animal	407-836-3111
Control	
Fraud Hotline	877-438-4338
Elder Abuse (DCF)	800-962-2873
Crimeline:	800-423-TIPS
	(8477)
Orange County Sheriff's	407-836-4357
Office - Non-emergency	

			~ June 2016 ~			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Remember - Hurricane Season begins June 1!	1 Bread 9 AM ACH	2 Water Exercise 10AM ACH Bunco 6:00 PM ACH	က	4 Ice Cream Social and Gift Card Bingo 1 PM ACH
ડ	6 Bingo 6:45 PM - ACH Last Sale - 6:30 PM	7 Water Exercise 10AM ACH	8 Bread 9 AM ACH HOA Board Mtg 7 PM ACH	9 Water Exercise 10AM ACH Bunco 6:00 PM ACH	10	1
12	13 Bingo 6:45 PM - ACH Last Sale - 6:30 PM	14 Water Exercise 10AM ACH Flag Day	15 Bread 9 AM ACH	16 Water Exercise 10AM ACH Bunco 6:00 PM ACH	17	18 Fathers Day Dinner 6 PM ACH Desserts Welcome
HAPPY FAIHER'S DAY.	20 Bingo 6:45 PM - ACH Last Sale - 6:30 PM	21 Water Exercise 10AM ACH	22 Bread 9 AM ACH	23 Water Exercise 10AM ACH Bunco 6:00 PM ACH	24	25
26	27 Bingo 6:45 PM - ACH Last Sale - 6:30 PM	28 Water Exercise 10AM ACH	29 Bread 9 AM ACH	30 Water Exercise 10AM ACH Bunco 6:00 PM ACH	Notes: ACH = Front Clubhouse MCH = Back Clubhouse	

consideration are due by the 20th of each month, but earlier would be appreciated! Please drop in the mail-slot of the HOA Office or the Suggestion Box in the front (ACH) club house to the attention of Dave Wegman, Editor, and <u>include your contact information</u>. The newsletter is published monthly by the Starlight Ranch Mobile Homeowners' Association. Articles, ads, and other contributions for Contributions may be altered for size, clarity or grammatical correction You may also send e-mail to newsletter@starlightranchhoaweb.com.

GENE MUDRAK - GRILLIN' AND CHILLIN' IN THE 70s!



ADDITIONAL MOTHER'S DAY PHOTOS:



















ADDITIONAL VETS AND FRIENDS PHOTOS:























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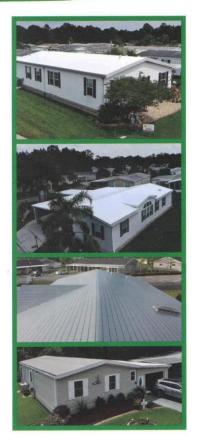




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