

Starlight Ranch Mobile Homeowner's Association, Inc.

#### December 2016

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### FUN DURING DECEMBER!



The **Florida Highwaymen** are a celebrated group of African-American landscape artists that began in the 1950s. They used bright and vivid colors to depict beautiful untouched Florida scenes. Their works originally sold from their car trunks along the highways for typically \$25.00 ... today they are sought by collectors spending \$5000.00 or more! The Orange County Regional History Center is offering FREE admission to, "Holidays with the Florida Highwaymen" on December 11, from 11:00 AM - 4:00 PM. Seven of the artists will be there to meet and talk with; and they are still painting and selling today in their 70's and 80's. The Center is located at 65 East Central Boulevard downtown. Details: 407-836-8500.



A FREE performance of <u>The</u> <u>Nutcracker</u> by The Russian Ballet of Orlando will happen 7:30 PM on December 17 at the Bandshell at Lake Eola Park. Details: 407-246-4485.

The Leu house at Leu Gardens (1920 Forest Avenue @ Corrine Drive) is fully decked out for the holidays by local designers through January 2. Tours are started every 30 minutes from 10-3:30 daily, December 5: FREE, other days: \$10.00 includes the gardens. Details: 407-246-2620.



35<sup>th</sup> Annual <u>Holiday Craft Fair</u> featuring local artisans exhibiting jewelry, ceramics, ornaments, cards, candles, unique gifts and more! 10-4:30 M-Sat., 12-4:30 Sun, through December 18. FREE admission. Osceola Arts, 2411 E. Irlo Bronson Memorial Highway, Kissimmee, Details: 407-846-6257

### **VETERAN'S SOCIAL HOUR**

By Pat Williams



Our November gathering actually fell on Veteran's Day this year! We welcomed: Joe Laferriere - Navy, Jackie Bedard - Navy, Richard Balderson -Navy, Albert Michaels - Navy, John Bertsch - Army, Laurie

Lyons - Navy and Dave Douma - Marines. Guests were: Pat Williams, Marti Hensley, Gert Michaels, Mary Ann and Terry Healey, Mary Rivera, Angie Secrest, Patty and Craig Olson, Marli Silverthorne and Barry Bertsch.

Three articles were read: "Veterans" by Laurie Lyons, "Veteran's Day" by Pat Williams and "Prayer for our Veterans" by Angie Secrest. Another great meal was cooked by Patti Olsen: Turkey, ham, stuffing, carrots, green beans, mashed potatoes and rolls and of course desserts. We were having such a good time before we knew it was 8:45. Thank you to all who came. See you again in December!

### **RESIDENT SPOTLIGHT:**

By Joan Stearns



Maria Ragazzone truly lights up everyone's Wednesday morning when she and all her enthusiasm join us at Bread Distribution. She graciously shares and takes extra items to her neighbors every week!

Maria was born in Puerto Rico, moved to San Francisco for a number of years, then

moved to North Carolina ... and when she retired as a home care nurse's aide in 2000, she decided to come down to Orlando to be near her daughter, Vanessa. She loves the City Beautiful! She loves Starlight Ranch, and we love her! Maria is the mother of six children ... including twin boys who are named Jose Orlando and Jose Alnardo. She also has 10 great-grandchildren! But, best of all, she has two terrific dogs - a black Labrador named Lucky and a Shih Tzu named Pluto (what a great name!).

She loves country music, especially Kenny Rogers. Her favorite movie is one shared by many, The Sound of Music. She loves spaghetti and tortillas with hot peppers, but will pass on rice ... however; Lucky and Pluto do prefer it, with carrots over anything else!

As she does not drive, she is so thankful to all her great neighbors who help take her grocery shopping, etc. She and Santa Lucky wish everyone on the Ranch a Merry, Happy and Joyous Holiday Season!!



\*\* Would you, or know someone who would, like to be featured in a future Spotlight? Call Joan at 678-338-0486

### **CHAIR EXERCISES**

By Pat Williams

We want to welcome Ana Velazquez to our exercise group. We're happy you are enjoying the hour with us!

Mabel Donahue has been a member of our group for quite a while. Recently she went to her doctor for a pulmonary problem and her technician, who does the breathing test, said her physical breathing was normal for her age and physical shape. He asked if she does a lot of walking and Mabel said no, but that she does a lot of exercises. He wanted to know what kinds. Mabel said I do chair exercising every Tuesday and Thursday mornings for an hour and explained the different things she does. He was very amazed at what she was doing and said he would let her doctor know. Mabel will be 86 years young in January. Come and join in the fun and make your doctors proud too!

#### WELCOME NEW ADVERTISER!



### HOA ANNUAL MEETING & ELECTION RESULTS -

There was a good physical turnout, and an even better (over 50%!) ballot return response by the members of the HOA at the Annual meeting on November 19. Here are the results of the vote:

Ana Pope	71
Robert 'Bob' Marley	66
Daniel Flores	56
Vern Olsen	49
Denise Koplar	45
Diane Alfarone Laverty	32
Albert Erdmann	24

Ana and Bob couldn't make that meeting, so the traditional, first-organizational meeting of the new Board, formalizing who will perform which role within it, will occur at the December regular monthly meeting. The budget for 2017 was also approved.



I'm blessed with many fond memories of my Mother and all her baking during the holidays. She used to make a dozen or more recipes of cookies, bars and fudge and then prepare a big box for me to take and share with my co-workers. Her and Dad even drove over from Titusville, surprising with a box when I worked at the airport. Here is a particular favorite of mine for you to try ... Dave Wegman

#### Almond Crescents

Mix together thoroughly ...

1 cup soft shortening (half butter) 1/3 cup sugar 2/3 cup ground blanched almonds

Sift together and work in ... 1 2/3 cups sifted Gold Medal Flour ¼ tsp. salt

Chill dough. Roll with hands pencil-thick. Cut in 2 ½ inch lengths. Form into crescents on ungreased baking sheet. In a 325-degree oven; bake until set, not brown, 14-16 minutes. Cool on pan. While slightly warm, carefully dip in 1 cup confectioners' sugar and 1 tsp. cinnamon mixed. Yield: About 5 dozen 2 ½ inch cookies.

#### HOA Board

Curt DeLong, President: 407-616-3745

Roger Hebert, Vice President: 407-592-3850

Mary Rivera, Secretary: 321-663-0507

Jose Rodriguez, Treasurer: 321-229-5429

Bob Marley, Director 407-228-0846

Richard Balderson, Director 407-340-8592

Lou Kerns, Director 407-496-5427

### **TO YOUR HEALTH: HOLIDAY STRESS**

By Ron Speener

Deck the halls with boughs of anxiety. Decorate the cookies with sprinkles of stress. Tie the presents



with bows of tension. Welcome to the holidays. We may love this time of year but it is stressful: too much food, too much spending, too much family, the need for the perfect gift, the desire for

everything to be perfect. This increase in stress affects both our health and our relationship with others. We eat more rich foods and drink more alcohol. Hypertension is more common. Depression over money and anxiety increase. Women tend to have higher rates of holiday related stress than men do.

Besides the physical toll holiday stress has, there are relationship tolls too. We can become more irritable as we try to meet demands. We lose sleep worrying and become tired and unable to function at our peak, which then stress us. We say and do things that we regret later and are not really us.

Unlike Uncle Charlie slurping all the eggnog, stress does not need to suck the joy out of the holidays. We need to manage it.

- 1. Acknowledge your feelings. If someone close to you has recently died or you can't be with loved ones, realize that it's normal to feel sadness and grief. It's OK to take time to cry or express your feelings. You can't force yourself to be happy just because it's the holiday season.
- 2. Reach out. If you feel lonely or isolated, seek out community, religious or other social events. They can offer support and companionship.
- 3. Be realistic. The holidays don't have to be perfect or just like last year. As families change and grow, traditions and rituals often change as well. Choose a few to hold on to, and be open to creating new ones.
- Set aside differences. Try to accept family 4. members and friends as they are, even if they

don't live up to all of your expectations. Set aside grievances until a more appropriate time for discussion.

- 5. Stick to a budget. Before you go gift and food shopping, decide how much money you can afford to spend. Then stick to your budget. Don't try to buy happiness with an avalanche of gifts.
- 6. Plan ahead. Set aside specific days for shopping, baking, visiting friends and other activities. Plan your menus and then make your shopping list. That'll help prevent lastminute scrambling to buy forgotten inaredients.
- 7. Learn to say no. Saying yes when you should say no can leave you feeling resentful and overwhelmed.
- 8. Don't abandon healthy habits. Don't let the holidays become a free-for-all. Overindulgence only adds to your stress and auilt.
- 9. Take a breather. Make some time for yourself. Spending just 15 minutes alone, without distractions, may refresh you enough to handle everything you need to do.

10. Seek professional help if you need it Stress can make the holidays less bright and merry if we do not put it into perspective. Remember why this season is important and share that with others. So, have a great holiday, however you celebrate it, and to a health filled New Year

### FOR SALE!

Just in time for the holidays! Christmas Wreath large 3-foot wide round for inside or outside with lights & pine cone decorations. \$25.00; 6-foot Christmas tree - good condition with a set of 300 16-function clear lights. \$15.00; Old-fashioned Kris Kringle Santa - 2 ft. tall, looks great near fireplace, good condition. \$10.00; Christmas Red Music bells - lights. \$5.00; Tree stand - large, like new. \$15.00 Call Elaine about any or all, Make an offer! 407-281-8371

### IN REGARDS TO ADVERTISING ...

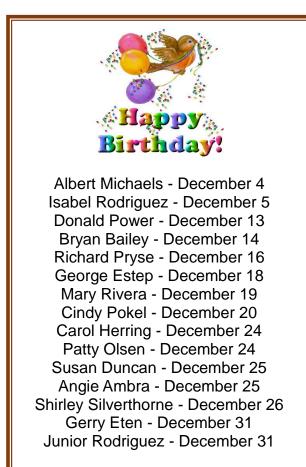
As in the past, there is currently no charge for business-card sized ads for residents of Starlight Ranch. The goal for the newsletter has been for outside advertising to pay for the costs of printing. It may be necessary to implement a fee for these ads if there remains a lack of outside advertisers. If you know of a business that would like to advertise with us, please give the information to a Board member or forward to the newsletter Editor through them, or the HOA suggestion box. Thanks!

### **EVENTS & ACTIVITIES:**

Ice Cream Social and Gift Card Bingo FLORIDA ALL WEATHER	Dec. 3	1:00 PM	ACH
VETS Social Hour	Dec. 9	7:00 PM	MCH
HOA Board Meeting	Dec. 14	7:00 PM	ACH
Christmas Dinner	Dec. 17	6:00 PM	ACH

#### WEEKLY ACTIVITIES:

- \* Bible Study / Estudio Biblico 7:00 PM MCH
- ★ Bingo Monday 6:45 PM (Last Sale 6:30) ACH
- ★ Bread Distribution Wednesday 9:00 AM (Tickets beginning at 8:00) – ACH
- \* Bunco Thursday 6:00 PM ACH
- Chair Exercise Tuesday & Thursday 10:00
  AM MCH





Louie & Robin SeSilvio - December 3 Wayne and Audrey Davis - December 5 Steve & Shirley Henry - December 27 Robert & Madeline McDuffie - December 28 Stephen & Diane Bagley - December 30

If you would like your birthday or anniversary listed in future issues, please either print the information on the clipboard in the front (ACH) clubhouse or contact Mary Rivera at 321-663-0507. Also, please let her know of any residents that have passed-on or moved away.

### **OUR NEWSLETTER ... CONTRIBUTE!**

Much the same as the HOA itself, the success of the newsletter depends on the contributions from <u>all</u> of the Community. It is what <u>WE</u> make it. What parts do you like, what can we add or how can it be changed in 2017? Do you like the 'Resident Spotlight' feature, the 'To Your Health' column? Coverage of Activities and groups? Would you like to add a 'Recipe of the Month', or Pet Profiles ... Plant / Yard care tips? Would you participate in a group to decide on a 'Yard of the Month'? Without content the size of the future editions is in question of being reduced.

Please take a few moments to jot down some suggestions and then either place in the box at the front clubhouse or in the HOA office mail-slot. Or email to: <u>newsletter@starlightranchhoaweb.com</u>. Newsletter planning meetings are typically held monthly on the Friday after the Board meeting in the front clubhouse at 10:00 a.m. The next meeting will be Friday, December 16; to discuss and prepare for the January issue. Come, be a contributor, share your ideas. I hope that everyone here on the Ranch has a safe, happy and memorable Holiday Season! Dave Wegman, Editor

BIBLE STUDY / ESTUDIO BIBLICO RETURNS! - WEDNESDAYS, EXCEPT BOARD MEETING 7:00 PM - MCH

### Hola Residentes y Amigos del Rancho Starlight:

Por- Jose Rodriguez, Tesorero

Pues, llego noviembre, mes de dar gracias por todas nuestras bendiciones, para prepararnos para las navidades y los buenos tiempos y también los costos que trae. También trajo con él las elecciones, nacionales, locales, en Puerto Rico y hasta aquí en el Rancho Starlight.

Es increíble para mí y estoy seguro que para mucha otra gente la victoria de Donald Trump. El mismo que se burló, insulto, amenazo, piensa poner el muro en toda la frontera, sacara a miles de emigrantes ilegales y otras cosas más. ¡Pero...gano y tenemos que aceptarlo y ver como preside, si bueno, bien, si malo... pa-fuera!

De Puerto Rico no puedo decir mucho porque no conozco bien la política de allá, solo sé que gano Ricky Rosello, el hijo del ex gobernador, Dr. Rosello, joven y con poca experiencia.

Pero de aquí y los acontecimientos del Rancho si les puedo contar. Pues había cuatro asientos para elegir, uno era del incúmbete, los otros tres eran vacantes. Hubo una buena participación de votantes con más del 50% de la membrecía votando. Pues el incúmbete \*Marley\*gano su silla y los vacantes fueron llenos con personas que creemos van hacer muy buen trabajo y causaran cambios buenos a esta organización. Con estos resultados ahora la junta tiene tres latinos sentados de siete miembros que son. Los ganadores y sus números fueron los siguientes:

Ana Pope	71
Robert "Bob" Marley	66
Daniel Flores	56
Vern Olsen	49
Denise Koplar	45
Diane Alfarone Laverty	32
Albert Erdmann	24

Posteriormente el 14 de diciembre, en la próxima reunión general, la junta se reunirá para decidir quiénes serán los oficiales por el próximo ano.

Quiero recordarles a los residentes latinos que, por el presente, poner su anuncio tamaño tarjeta de negocio en esta revista es gratis. Contamos con los anuncios de afuera para costear esta revista. Puede ser que en el futuro todo anuncio tendrá que ser pagado por falta de más anuncios que paguen. Si usted sabe de algún negocio que quisiera su anuncio en nuestra revista bastante barato, dele la información a uno de nuestros miembros.

Queremos avisarles de las actividades que se llevan a cabo aquí en el Rancho semanalmente\*

Los lunes a las	6:45 pm l	Bingo (lleguen temprano)
Miercoles	9:00 am	Distribución de Pan
Jueves	6:00 pm	Bunco
Martes y Jueves	10:00am	Ejercicios de Silla

{Todas actividades son en la casa club, frente, excepto los ejercicios de sillas, casa-club de atrás}

El éxito de esta revista depende de nosotros. Muchas veces nos encontramos corto de artículos para publicar. Si usted tiene algún artículo, nota interesante, receta o lo que sea, o si le interesa ser parte del grupo que trabaja para publicar esta revista, el grupo se reúne el segundo viernes del mes, poco después de la reunión mensual a las 10:00am casa club del frente.

Bueno mi gente, aquí me despido por ahora. ¡Quiero desearles unas Felices Pascuas!



### **Resident Classifieds**





Needed: Will work for you doing light housekeeping and cleaning - floors, dusting, bathrooms, etc. Please call Carol at 561-212-7182. Can work to your schedule ... Let's talk today!

Needed: Someone to do light housekeeping and cleaning ... floors, dusting, bathrooms, etc. 2-3 times per month. Please call Linda at 407-734-5075

Important Telephone Numbers		
Emergency	Dial 911	
Starlight Ranch Office	407-273-3130	
Starlight Ranch Maintenance	407-770-7015	
(After Hours & Weekends Only)		
Universal Towing	407-816-0102	
Rattlesnake Security	407-545-1464	
Watering Violations	800-232-0904	
Orange Cty Animal Control	407-836-3111	
Fraud Hotline	877-438-4338	
Elder Abuse (DCF)	800-962-2873	
Crimeline	800-423-8477	
Orange County Sheriff's Office -	407-836-4357	
Non-emergency		
Mosquito Control	407-254-9120	

	~ December 2016 ~					
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Notes: ACH = Front Clubhouse MCH = Back Clubhouse		ippy days!		1 Chair Exercise 10 AM MCH Bunco 6:00 PM ACH	2	3 Ice Cream Social and Gift Card Bingo 1 PM ACH FLORIDA ALL WEATHER
4	5 Bingo 6:45 PM - ACH Last Sale - 6:30 PM	6 Chair Exercise 10 AM MCH	7 Bread 9 AM ACH Bible Study / Estudio Biblico 7:00 PM MCH	8 Chair Exercise 10 AM MCH Bunco 6:00 PM ACH	VETS Social Hour 7 PM MCH	10
11	12 Bingo 6:45 PM - ACH Last Sale - 6:30 PM	13 Chair Exercise 10 AM MCH	14 Bread 9 AM ACH HOA Board Mtg 7 PM ACH	15 Chair Exercise 10 AM MCH Bunco 6:00 PM ACH	16 Newsletter Meeting 10 AM ACH	17 Christmas Dinner 6 PM ACH Desserts Welcome
18	19 Bingo 6:45 PM - ACH Last Sale - 6:30 PM	20 Chair Exercise 10 AM MCH	21 Bread 9 AM ACH Bible Study / Estudio Biblico 7:00 PM MCH	22 Chair Exercise 10 AM MCH Bunco 6:00 PM ACH	23 HAPPY CCMS	24 First Night
25 Merry Christmas	26 KWANZAA Bingo 6:45 PM - ACH Last Sale - 6:30 PM	27 Chair Exercise 10 AM MCH	28 Bread 9 AM ACH Bible Study / Estudio Biblico 7:00 PM MCH	29 Chair Exercise 10 AM MCH Bunco 6:00 PM ACH	30	31

The newsletter is published monthly by the Starlight Ranch Mobile Homeowners' Association. Articles, ads, and other contributions for consideration are due by the 20<sup>th</sup> of each month, but earlier would be appreciated! Please drop in the mail-slot of the HOA Office or the Suggestion Box in the front (ACH) club house to the attention of Dave Wegman, Editor, and <u>include your contact information</u>. Contributions may be altered for size, clarity or grammatical correction You may also send e-mail to newsletter@starlightranchhoaweb.com.

HAPPY THANKSGIVING STARLIGHT RANCHERS!! SATURDAY, NOVEMBER 26, 2016 FULL TUMMIES FOR ALL!















December 2016

Starlight Ranch HOA Newsletter









































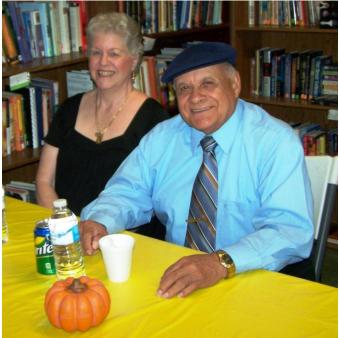
Starlight Ranch HOA Newsletter





































Starlight Ranch HOA Newsletter













































































Starlight Ranch HOA Newsletter

### WELCOME TO OUR NEW ADVERTISER!!





### **Complimentary Meal & Discussion**

Red Lobster 617 N. Alafaya Trail. Orlando, FL 32828 Wednesday, December 14th @ 11:30 AM Monday December 19th @ 11:30 AM Golden Corral 2328 S Semoran Blvd Orlando, FL 32822 Tuesday, December 13th @ 11:30 AM Friday, December 16th @ 11:30 AM

#### **Olive Garden**

11882 E. Colonial Drive, Orlando, FL 32826 Monday, December 12th @ 11:30 AM Cheddar's

12201 E. Colonial Drive, Orlando, FL 32826 Wednesday, December 7th @ 11:30 AM

Seating is Limited and Reservations Required!

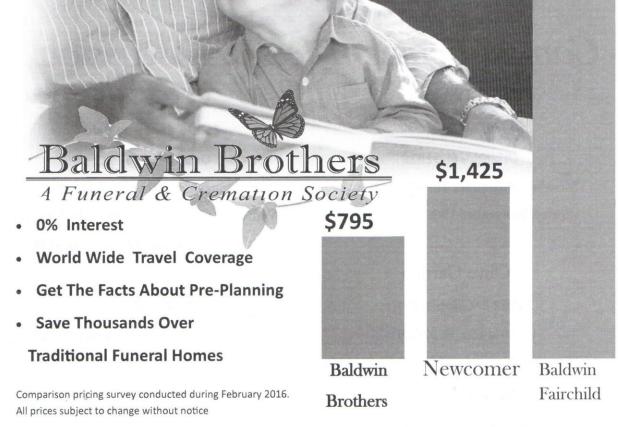
### RSVP to Victor López at (321) 663-9391



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### SE HABLA ESPAÑOL

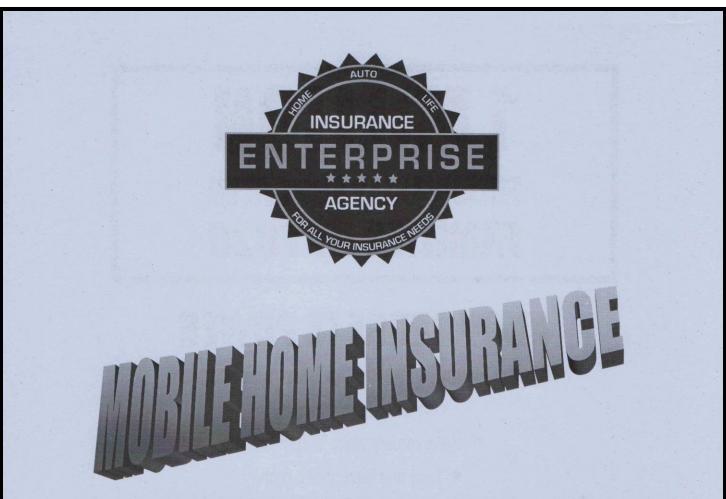
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