

**Starlight Ranch Mobile Homeowner's Association, Inc.**

June 2017

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**FROM THE BOARD:** Hello Starlight Residents:

Here it is June already. Where does the time go?

We have a couple of items that are important and we want to share them with all of you. We finalized the agreement with ELS and they have sent letters to all the affected residents notifying them of their new rent increase (a decrease in the amount of the base rent). As we noted in our May issue, there was a decrease and a Long-Term Agreement (LTA) was signed. We also have a letter from Leslie Taylor-Rharbi, Vice President at ELS, that states all of the capital improvements that will be done in the next few months. This letter of commitment was also part of our negotiations. We have captured all the items in writing and they are currently working on obtaining bids from different vendors.

Another area that has improved is that of Security and Towing, these two services are now working closely together and are towing illegally parked cars. Again, we do not want to see anyone's car towed, but if you or your guest are not parked properly, chances are those cars will be towed at owner's expense. So, please follow the parking rules and make sure your guest are parked in the appropriate areas. Remember, if you have a guest staying over, go to the office and get a guest pass for your visitor. A reminder to all: parking on Wild Horse is until dusk, if you are parked after that time your car (s) will be towed.

On another note, Hurricane season begins June 1st, please plan accordingly. Have the location of the nearest shelter and keep the proper supplies needed like batteries for flashlights, water and nonperishable foods in your hurricane kit in case we lose power. Most important, if you take medication, make sure you have enough handy. These items should last for two to three days, and should be according to how many individuals are in

your household. For those with disabilities, medical or mobility problems, you can always register with the Orange County Special Needs Program. If a hurricane is approaching the area, they will make sure to pick you up and take you to a shelter where you will be safe and provided with whatever medical needs you may require. You can register by calling 407-836-9319. Remember, in these situations, preparation is key.

Another important item we all need to cooperate with is our current drought situation. Please water your lawn on your designated days only. Water is a precious commodity and many times we take it for granted. Please note the days you are allowed to water your lawn. During April through November, odd numbered addresses should water only on Wednesdays and Saturdays and those with even numbered addresses should water only on Thursdays and Sundays.

One last item, we have been experiencing some vandalism in our community, apparently not from the inside, but from outside vandals. We urge you to report any suspicious activity, by calling our security company, Rattlesnake Security at 407-545-1464 or by calling 911.

The HOA Board wishes all fathers a "Happy Father's Day!"

"When one door closes another door opens; but we so often look so long and so regretfully upon the closed door, that we do not see the ones which open for us."

"Cuando una puerta se cierra, otra se abre, pero nosotros a menudo y lamentablemente nos quedamos mirando largo tiempo la puerta que se cerró, que no vemos las que se nos abren."

Alexander Graham Bell

## VETERAN'S SOCIAL HOUR

By Pat Williams



This was really a great evening. Our veterans were Joe Laferriere (Navy), John Bertsch (Army), Jim Bedell (Air Force), Jackie Bedard (Navy), Richard Balderson (Navy), Laurie Lyons (Navy), Al Michaels (Navy) and Dave Douma (Marines). Friends and guests included: Barry Bertsch, Marli Silverthorne, Gert Michaels, MaryAnn and Terry Healey, Pat Williams, Mary Rivera and Patty and Craig Olsen.

Special thanks to Patty for all of the meals she has made for us. On this night we had Ziti, salad, watermelon and two kinds of cupcakes.

Thank you to all who brought donations for our 'Support Our Troops Care Packages'. That was such a success and our troops will really enjoy them. Pictures were taken of everyone present and also of the boxes of donations.

This was our last social hour until September. Have a wonderful summer! A reminder that any veteran who would like to have their picture added to the clubhouse honor wall, please make arrangements with Patty and Craig Olsen (407-203-5624) or Mary Rivera (321-663-0507).



Albert & Gert Michaels - June 7 - 70 YEARS!  
Ken & Carol Dobbs - June 12  
James & Beatrice Oloughlin - June 16  
John & Carolyn Bertsch - June 27  
Edward & Gerry Eten - June 30  
Terry & Maxine Dray - June 30

## RESIDENT SPOTLIGHT: CARMEN VIERA

By Carmen Viera



With all the confusion going on with the Statutory Rental Committee negotiations with ELS, we forgot to introduce you to Carmen Viera, the new Board Secretary, she has been in her position since January, 2017. She was working on the this year's Statutory Rental Committee along with Bob Marley, Jose Rodriguez, Dennis Kopljar and Carlos Mercado. Carmen and the rest of the committee are responsible for the rental negotiations and locking in a less than 4% rental increase for years 2017, 2018 and 2019.

Carmen was born in Caguas, Puerto Rico and raised in New York City. She moved to Florida in 2010 and has been living in Starlight Ranch for almost 7 years.

She has more than 30 years of volunteering experience and 40 years in Corporate America. She brings years of community outreach experience and business management. She has been a volunteer since she was 14 years-old and even though Carmen did not complete her college degree, she has two years of Business Management and Paralegal Studies. Carmen also started working with computers in the early 70s and understands technology well. She likes to read and learn new skills.

*Continued on page 3*

The experience she brings to the board is well needed. She has led multiple projects however, she is most proud of her leadership of CreditSmart Español, the first financial literacy initiative created and sponsored by Freddie Mac for Hispanics.

She also was the first Vice President of HOLA, the Latino social group in Freddie Mac, and developed and coordinated the first Northern Virginia Chapter of the NAHREP, and was their Director of Membership and Community Outreach in Washington, DC.

She has been a volunteer for many great organizations like the Northern Virginia Legal Aid Society, and the Fairfax Legal Foundation. In 2010 she moved to Orlando and continued her volunteering projects. She became the VP of Corporate Communications for Latino Leadership; an interpreter in the emergency room at Florida Hospital East and just completed two years with the Orange County Commission on Aging as an Elder Ambassador.

Carmen is the designated Director who meets with ELS' Property Manager on resident's complaints and Board issues. If you have any unresolved complaints with management, or need any assistance in community matters, please contact Carmen at 407-953-1810.

## WHAT IS A DAD?



Very rarely do we get an opportunity to thank our near and dear ones. Just like Mother's Day, Valentine's Day, Friendship Day, Children's Day, and Teacher's Day, there is yet another great occasion that honors fathers. Father's Day, as it is known, is celebrated to pay a tribute to all the fathers of the world. In short, it is dedicated to fatherhood, the second most wonderful relationship after motherhood. While fathers do anything and everything for the betterment of their children, this day allows kids to pay their sincere admiration and respect towards their dad. It lets them express their hidden love and affection they have always felt for their father, which they usually do not reveal, unlike fathers who shower it by fulfilling their needs and demands.

So, on the occasion of Father's Day, while you are buying flowers, greeting cards, and gifts for your father, do not forget to pen down a short and sweet

poem explaining the meaning of a dad. And if you aren't that good at creating your own wordings, the following poem can be of help to you. Simply learn the words and recite it on Father's Day and see him melt in a flash of seconds.

### **Happy Father's Day**

*A Dad is a person  
who is loving and kind,  
And often he knows  
what you have on your mind.*

*He's someone who listens,  
suggests, and defends  
A dad can be one  
of your very best friends!*

*He's proud of your triumphs  
but when things go wrong  
A dad can be patient  
and helpful and strong.*

*In all that you do,  
a dad's love plays a part  
There's always a place for him  
deep in your heart.*

*And each year that passes  
You're even more glad,  
More grateful and proud  
just to call him your dad!*

*Thank you, Dad.  
for listening and caring  
for giving and sharing  
but, especially, for just being you!  
Happy Father's Day*

- Author Unknown

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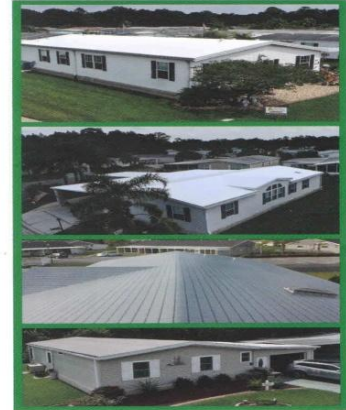


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**FROM DAVID STANZ,  
COMMUNITY MANAGER:**



### EXTERIOR MODIFICATION PROCEDURES

One of the things that make Starlight Ranch such a nice community in which to live is the fact that we have rules. And to *keep* our community nice, we expect everyone to do their part in abiding by them. Enforcement of these rules simply means that we care! It's not always a very desirable job... being an enforcer... but our resident's show us every day that it's well worth it, to live in this beautiful atmosphere!

Should you desire to change the exterior of your house or lot in some way, you must first come up to the Office and pick up an Application/Authorization form. After completing the form and explaining what it is that you want to modify/change, return it to the Office, where it will be turned over to the Management for review.

The Applications will be reviewed twice a month, the first and 3<sup>rd</sup> Thursday of the month, so no one should ever experience a lengthy delay in getting a reply to their request.

The objective is to create both consistency and conformity. Over the years, non-approved sheds have been dropped on sites, fences have been put up with no

approval, and yes, houses have been painted in colors that don't blend in with the neighborhood.

Thank you in advance for your part in helping to beautify our community.



Carmen Cartagena	June 1
Carmen Viera	June 3
David Blackwell	June 5
Eddy Carvalho	June 7
Lucy Mejias	June 7
Elynn Jenkins	June 8
Betty Scott	June 9
Mile Yamin	June 10
Norma Vaughn	June 11
Joan Laverty	June 12
Richard Collard	June 14
Mike Jones	June 20
Wilson Correa	June 21
Eneida Castillo	June 29
Bertha Meyer	June 29
Sylvia Rivera	June 29
Bette Day	June 30

## EVENTS & ACTIVITIES:

Ice Cream Social and Gift Card Bingo	June 3	1 P	ACH
DNF Bingo	June 7	2 P	ACH
HOA BOARD MEETING	June 14	7 P	ACH
Father's Day Dinner	June 17	6 P	ACH
WellCare Bingo	June 20	2 P	ACH
Town Hall Meeting	June 24	11 A	ACH

## WEEKLY ACTIVITIES:

- ★ Bible Study / Estudio Biblico - Wednesday (except Board Meeting) 7:00 PM - MCH
- ★ Bingo - Monday - 6:45 PM (Last Sale 6:30) – ACH
- ★ Bread Distribution - Wednesday - 9:00 AM (Tickets beginning at 8:00) – ACH
- ★ Bunco - Thursday - 6:00 PM – ACH
- ★ Chair Exercise - Tuesday - 10:00 AM - MCH
- ★ Water Exercise - Wednesday & Friday - 10 AM - ACH POOL

## FROM ANA POPE, ACTIVITIES DIRECTOR:

**FATHER'S DAY DINNER! SATURDAY, JUNE 17<sup>TH</sup>  
6 PM - ACH - Desserts Welcome!**

### What Makes a Dad

*God took the strength of a mountain,  
The majesty of a tree,  
The warmth of the summer sun,  
The calm of a quiet sea,  
The generous soul of nature,  
The comforting arms of night,  
The depth of a family's need,  
The wisdom of the ages,  
The power of an eagle's flight,  
The joy of a morning in spring,  
The patience of eternity,  
The faith of a mustard seed,  
Then God combined these qualities,  
When there was nothing to add,  
He knew his masterpiece was compiled,  
And, so, he called it DAD!  
Happy Father's Day!*

-Author unknown



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## CHAIR EXERCISES

By Pat Williams

We've had another wonderful month of doing our chair exercises in May. The regular group of Ruthie, Mabel, Bertha, Pat, Beth, Dave and Gina were joined by three new additions: Helen Wills, Flo Thomas and Oscar Peuro. Yes another man, and Oscar is really enjoying it! Dave is our "whiner" but he is such fun.

I got some real good news from my orthopedic doctor. For over two years I've been told that I need a knee replacement. At a recent appointment my doctor asked how I was feeling. I replied "I feel great, I've been doing chair exercises twice a week and riding my stationary bike often." The doctor was surprised and asked if I was having any pain and my answer was, "NO!" He then indicated that he doesn't need to see me anymore unless I feel the need. I will probably need to return down the road but for now I have no complaints ... the exercising has helped me, maybe it can help or prevent you from needing doctors too! During the summer we will be reducing to just Tuesdays at 10:00 AM, as many of us participate in the Water Exercise program on Wednesdays and Fridays.




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## TO YOUR HEALTH: The In And Out of Food

By Ron Speener



The other day I baked bread. Not so much that I needed it, but I love the smell! And the first slice, still a little warm, with real butter (not the imitation from a squeeze bottle) melting into the

crevasses and maybe some raspberry jam spread thick enough to drip over the sides, is one of the great simple pleasures. It is not only the smell and taste of oven-fresh bread, but also the memory of my grandmother baking it in her kitchen. The smell and taste of food are pleasures that not only nourish the body but also feed the soul. As we age, sadly, our ability to smell and taste decline. In fact, the entire system that processes food changes, so in three parts over the next several months, I will discuss how we process food from the *in through the out*.

### Part 1: IN—Smell and Taste

The taste of coffee and chocolate is mostly in the smell. Without the aromas from coffee or melting chocolate, these foods would be bitter and unappealing. There is a very close relationship between taste and smell. The combination of taste and smell is called flavor. Without smell, food tastes bland. We have about 350 olfactory receptors, which can detect about 10,000 different odors. Taste and smell combine in the back of our throat; some of the smell surges forward and activates some taste buds. By the age of 70, smell is in major decline, and by 80, 75% of us have major impairment of smell.

The exact causes of the decline in the sense of smell are not fully known. It seems that the nerves that detect smell, which regenerate throughout our younger years stop regenerating, so we detect fewer smells. Smoking, medications and diseases also affect our sense of smell. Decline in smell, besides memory, is one of the first losses associated with Alzheimer's disease.

Besides a decline in smell as we age, the ability to discern tastes declines. Scientists now say we have five major flavors we detect: sweet, bitter, salty, sour and umami (which is meaty or fatty flavors). These flavors are primarily detected by the taste buds and enhanced by smell. We are born with about 9,000 taste buds, but they decline in both number and size. Contrary to what was originally believed, the ability to detect these flavors is not isolated to areas of the tongue but spread across the tongue with some areas having more of a concentration.

Like with smell, scientists are not totally sure why taste sensitivity declines over the years. There is some evidence that the number of taste buds decline with age. Two other factors also affect decline in the flavor of food with age. Chewing is an important mechanism for not only reducing food to a pulp before it reaches the stomach. It also releases flavor from the food. If we have few teeth or poor dentures, the food does not get ground up enough to release flavor. The second important factor is the decline in saliva.

Saliva has several important functions. It moistens food so it is easier to swallow. It fights germs in the mouth and protects teeth and gums. It also has enzymes that break down foods, so they will be more easily digested. In the process of breaking down food, the enzymes release flavor. With less saliva and less flavor, we will not enjoy what we eat.

The decline in smell and taste has a direct impact on our eating enjoyment and health. If food tastes flat, we eat less or choose foods with more salt or sugar. What can be done? We need to eat and we want to enjoy our food:

- Increase saliva production by drinking water or suck on a sugar-free lemon drop before the meal
- We also 'eat' with our eyes, so make the food look appetizing
- Have foods with texture—chunky applesauce.
- Take time to chew—this allows more time for the flavor to hit the tongue
- Serve food at the right temperature—warm food enhance aroma
- Flavor with herbs and spices.

### Use to increase sweetness without sugar

- Vanilla
- Cardamom
- Nutmeg
- Ginger
- Mint
- Caraway, anise, and coriander
- Turmeric
- Cinnamon

### Use to increase boldness without salt

- Basil, cilantro and oregano
- Thyme
- Cumin
- Rosemary
- Fennel
- Sage
- Cayenne pepper
- Garlic and onion powder

That morning cup of coffee with a slice of fresh bread may not be as flavorful as it was twenty years ago, but it does not mean it is any less enjoyable. Take extra time to smell deeply, to chew slowly, and to feed the soul.

## Hola Vecinos y Amigos del Rancho Starlight!

Por: Jose Rodriguez

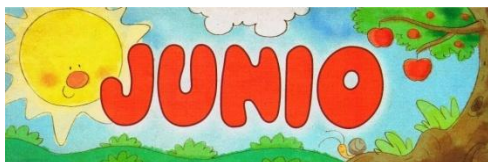
Primero que nada, queremos ponerlos al día en cuanto las negociaciones con la compañía dueña del parque respecto al aumento de renta se refiere. Se finalizó el acuerdo con ELS y en cambio notificaron a los residentes de la nueva renta. Como les habíamos explicado en la revista de mayo, hubo una pequeña rebaja en la renta y el contrato por tres años se firmó. Además, como parte de las negociaciones, tenemos por escrito todas las mejoras proyectadas para los próximos meses. Presentemente están buscando propuestas de diferentes compañías.

Los servicios de seguridad y remolques han mejorado muchísimo. Estos servicios se están llevando a cabo mutuamente con buenos resultados. ¡Carros que están estacionados en violación son remolcados! Procure usted y su familia e invitados estacionarse legalmente para evitar que no le remolquen su auto. Si no, le costara mínimo de \$150.00. Si sabe va a tener visita de un día para otro o más, solicite un pase en la oficina.

Al llegar el mes de junio también llega la temporada de huracanes. Le exhortamos que planifiquen bien. Cerciórese que tiene lo necesario en caso de emergencia, tal como\* agua y productos que no se dañan para un par de días dependiendo en cuantas personas viven en su casa, baterías, linterna. Más que nada, cerciórese que cargue con sus medicamentos si son recetados. Los lisiados deben registrarse con el Orange County Special Needs Program llamando al 407-836-9319 para ayuda especial en caso de emergencias.

Le pedimos sea vigilante a sus alrededores, pues hemos tenido un poco de vandalismo mayormente de gente de afuera. Favor reporte cualquier actividad sospechosa nocturna a nuestra compañía de seguridad Rattlesnake al 407-545-1464 o al 911, de día llame a la oficina al 407-273-3130.

Hasta la próxima!!



**Saludos vecinos de Starlight Ranch**  
de parte de los pastores  
Wilson y Nancy Correa

Last month we had an opportunity to honor our mothers. We also honored all the men and women who made the ultimate sacrifice to keep us safe. This month is our fathers turn.

In a world that is turning so fast, it is a good thing to stop, at least for one day, to honor those whom we love. There is a Father who also needs to be honored, not only this month, but always, because He gave, according to John 3:16 "His only begotten son, so that whosoever believeth in Him, shall not perish, but have everlasting life..." He did that because He loved us so much! He did that to save us and is keeping us saved.

We encourage you to do that, not only this month, but every day of your life. See you every Wednesday for Bible study. Blessings!

El pasado mes honramos a nuestras madres y también a todos los hombres y mujeres que hicieron el sacrificio más grande para mantenernos seguros. Este mes le toca al Padre.

En un mundo que avanza tan rápido, es necesario detenernos un momento para honrar a aquellos que amamos. Hay un Padre que necesita ser honrado, no solo este mes, sino siempre, porque el dios, de acuerdo a Juan 3:16, "a su UNICO HIJO, para que todo el que en EL crea no se pierda, mas tenga la vida eterna." ¡El hizo eso porque nos ama tanto! El hizo eso para salvarnos y mantenernos salvos.

Les animo a hacer esto, no solo este mes, sino siempre. Nos vemos todos los miércoles en el estudio bíblico. ¡Bendiciones!





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After hours / weekends	407-770-7015
Universal Towing	407-816-0102
Rattlesnake Security	407-545-1464
Orange Cty Animal Control	407-836-3111
Elder Abuse (DCF)	800-962-2873
Sheriff - Non-emergency	407-836-4357
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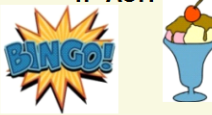


















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~ ~ JUNE 2017 ~ ~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 Flag Day - June 14	 Summer Arrives June 21 - 12:24A		1  Hurricane Season Begins  Bunco - 6P ACH	2 Water Exer. - 10A ACH	3 ICE CREAM & BINGO 1P ACH 
4 	5 Bingo 6:45P ACH Last Sale: 6:30P	6 Chair Exer. - 10A MCH  National Yo-Yo Day	7 Bread - 9A ACH Water Exer. - 10A ACH DNF Bingo - 2P ACH Bible Study / Estudio Biblico - 7P MCH	8 Bunco - 6P ACH	9 Water Exer. - 10A ACH 	10 National Iced Tea Day 
11  National Corn on the Cob Day	12  Bingo 6:45P ACH Last Sale: 6:30P	13 Chair Exer. - 10A MCH  Activities Mtg. 7P ACH	14 Bread - 9A ACH Water Exer. - 10A ACH  HOA BOARD MEETING 7P ACH	15 Smile Power Day!  Bunco - 6P ACH	16 Newsltr. Mtg. 10A ACH Water Exer. - 10A ACH	17  DAD'S DAY DINNER 6P ACH Desserts Welcome!
18  Happy Fathers Day!	19 Bingo 6:45P ACH Last Sale: 6:30P	20 Chair Exer. - 10A MCH  WellCare Bingo 2P ACH 	21 Bread - 9A ACH Water Exer. - 10A ACH  Bible Study / Estudio Biblico - 7P MCH	22 Bunco - 6P ACH	23 Water Exer. - 10A ACH 	24 TOWNHALL MEETING 11A ACH 
25 National Catfish Day 	26  Bingo 6:45P ACH Last Sale: 6:30P	27 Chair Exer. - 10A MCH 	28 Bread - 9A ACH Water Exer. - 10A ACH  Bible Study / Estudio Biblico - 7P MCH	29  Bunco - 6P ACH	30 Water Exer. - 10A ACH	Notes: ACH / Front MCH / Back

The newsletter is published monthly by the Starlight Ranch Mobile Homeowners' Association. Articles and other contributions for consideration are due by the 20<sup>th</sup> of each month. Please drop in the Suggestion Box in the front (ACH) club house to the attention of Newsletter Editor, and include your contact information. Contributions may be altered for size, clarity or grammatical correction. You may also send e-mail to [newsletter@starlightranchhoaweb.com](mailto:newsletter@starlightranchhoaweb.com).

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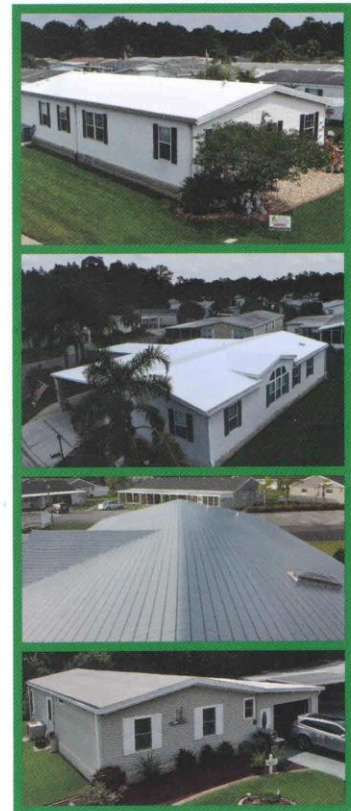
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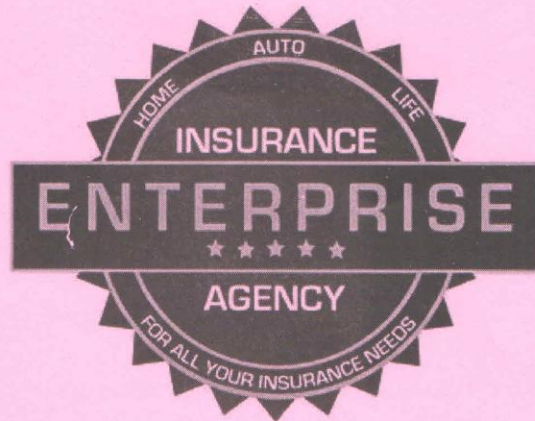
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# GOLF CARTS



Golf carts can cost thousands of dollars and a specialized policy can help protect your investment. When considering insurance for your golf cart, it's important that you look at the benefits of a policy that is specifically designed for golf carts rather than an endorsement on a homeowners policy. Make sure things like theft and liability are covered.

More coverage equals more value. Here is a summary of valuable standard and optional coverages:

- Collision coverage protects your golf cart in the event of damage caused by collisions with things like other vehicles, trees or utility poles, regardless of fault.
- Other Than Collision coverage provides coverage for other kinds of damage to the golf cart, such as fire, theft, flood or vandalism.
- Liability coverage for third-party injury and property damage claims resulting from an accident involving the covered golf cart.
- Medical Payments provides primary coverage for medical bills incurred for injuries resulting from a motor vehicle accident.
- Annual Policies mean year-round coverage with no lay-up period, whenever you want to take a spin in your golf cart, you're covered. No extra phone calls, no hassles!
- Optional coverage for Transport Trailers covers trailers used to transport the insured golf cart. This optional physical damage coverage is an excellent choice for trailers valued at up to \$7,500.

Your Farmers agent can offer you a policy that provides both property and liability coverage on your golf cart. Property coverage is insurance on the golf cart itself. Liability coverage protects you if there is a claim brought against you due to damage caused by the golf cart.

## Why Property Damage Liability coverage is important

Say you're driving your golf cart through your park on the way to the golf course for a day of relaxation. Before you get there, however, you accidentally run into a parked car. There is damage to the golf cart, and the owner of the car submits a claim for the damage done to her passenger-side door.

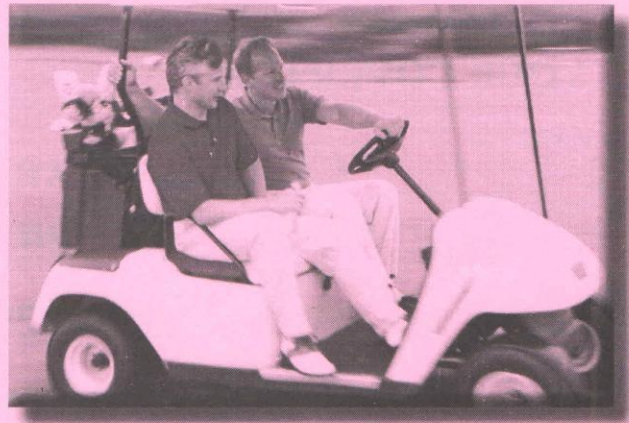
Many companies won't pay anything if the golf cart is damaged or causes damage anywhere other than the golf course. As discussed above, with a Foremost policy, damage to the golf cart is paid, as well as the full cost of the car repairs. Actual settlement is subject to the chosen deductible.

## Why Liability coverage is important

An important aspect to consider when insuring a golf cart on a separate policy is the liability coverage you get compared to endorsing it on a homeowners policy. Golf carts are like an auto. You carefully select the limits you want on your auto policy, because the liability on an auto policy protects your assets if you are found at fault in an accident.

You should consider how much coverage you would need to protect your assets if you were found at fault in an accident with your golf cart. Your assets don't change because you are driving a \$2,500 golf cart versus a \$50,000 car, and the goal to protect those assets shouldn't change either.

**For more information, contact your Farmers agent. To find out more about the programs available, visit [Farmers.com](http://Farmers.com).**



This brief summary is not a policy document. Please read the actual policy documents for your state for important details on coverages, exclusions, limits, conditions and terms. Not all products and discounts are available in every state.

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## Something to Think About: Hospice Comfort Care

Many people who are very sick **choose comfort care.**

- Comfort care helps you feel better.
- It takes away your pain.
- Comfort care can't cure your illness.



You can have comfort care wherever you live.



Hospice comfort care is paid for by Medicare and Medicaid.



When you choose hospice comfort care, this is **what happens:**



- A nurse comes to visit to keep you pain free.
- A hospice aide comes to visit to help with baths and other care.



- Other hospice workers come to help your family.
- The things you need to feel comfortable are brought to you. **For example:** medicine, a wheelchair, a special bed, or oxygen to help you breathe.

If you or someone you know is very sick, **hospice comfort care can help.**

If you would like to learn more about hospice comfort care, **visit [VITAS.com](http://VITAS.com) or call 877.741.1913.**

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