



March 2018

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### Hello Starlight Ranch residents,

The people up north have to be a bit jealous of our weather this month. If you like sunshine and warm weather this is the place to be! With that said, I am going outside to enjoy that sunshine and check on what is going on around our community. As always when I ride around and talk with our neighbors there are many questions about what is going on with our park: "Why is our pool closed? Why are all of these school kids walking through our community before and after school? Why are all of these young adults speeding down our street all hours of the day and night?...and on and on"

WELL, that is not we signed up for when we moved here to the Starlight Ranch. There seems to be a very big problem with people that are moving in not fully understanding that we have "Rules and Regulations". When you buy a home in Starlight Ranch you sign a contract that is called the Prospectus. In that contract there are rules that you as a home owner at Starlight Ranch are under contract to live by. You could lose your home if you violate these rules that you agreed to. We should be able to expect our whole community to live here under the same rules; but there seems to be a large number of people living here that don't think they have to follow these rules. That is changing! If you do not follow the contract you signed to live here in our community then you may find yourself in a legal battle to keep your home.

These rule breakers are a big part of why the crime rate is going through the roof here and as a community we are going to put our collective foot down for the safety and happiness of the great people that live here with pride in calling Starlight Ranch home.

*Thanks ....Curt*

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**Joke #1:** Golf is a lot like taxes: You go for the green and wind up in the hole.

### Remembering Terry Dray

Terry passed away on January 27th. I'm sure most of you either knew him or saw him every day riding his bicycle throughout the park. Terry was married to Maxine and they were my neighbors when I lived in the back of the park. Terry always brightened my day whenever and wherever I saw him. We would talk and laugh. I'll surely miss him. God bless you Terry.

*Pat Williams*

### Veterans & Friends

Veterans: Laurie Lyons (Navy), Jackie Bedard (Navy), John Bertsch (Army), Joe Laferriere (Navy), Richard Balderson (Navy), Dave Douma (USMC), Jim Henley (USMC), Dick Kersey (Army), and Steven Rife (Army). It was the first visit for Dick, Steven and Jim. Thank you for coming and we hope to see you again in March.

Guests: Betty Fisher, Barry Bertsch, Pat Williams, Patty and Craig Olsen, Marli Silverthorne, Mary Rivera and Marti Hensley.



Another wonderful meal prepared by Patty Olsen: Cuban platter, raw vegetables and fruits and

cupcakes. Betty brought Cheese balls she made; Jackie brought her famous chocolate candies and cookies from Pat.

The Veterans meet every second Friday of each month at 7pm at the back clubhouse. We would love to have more Veterans come by and tell us your stories.

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**Joke #2:** Moses had the first tablet that could connect to the cloud.

**Last Month's Breakfast Special**

Spending a Saturday morning celebrating Valentine's Day was a perfect thing to do! As we entered, each of us was given a packet of Sweethearts – that great Valentine candy. Then we were



treated to an unbelievable brunch – starting with biscuits & gravy, home fries, sausage patties, scrambled eggs, then ... wait for it ... blueberry pancakes with blueberry sauce! Of course, some of us went back for a second helping! It was a special time.

**Next up:** Come join us for the St. Patrick's Day dinner, Saturday March 17th. We would love to see you there (check the Calendar).

**Joke # 3**

My wife made me a green hamburger today to celebrate St. Patrick's Day. I asked her how she colored it and she said she didn't know what I was talking about.

**Starlight March Birthdays and Anniversaries**

NAME	BIRTHDAY	ANNIVERSARY
Louis DeSilvio	3/2	
Diana Santiago	3/3	
Carol Lassiter	3/4	
Rick Willis	3/10	
Carlos Rodriguez	3/13	
Bernadette Hall	3/14	
John Bertsch	3/15	
Gladys Ibarra	3/15	
Sue Howard	3/18	
Will Howard	3/18	
Ed McRobie	3/20	
Steve Swerdlen	3/21	
Ramona DelValle	3/25	
Margo Newman	3/25	
Jose Sierra	3/26	
Wayne Black	3/26	
Alina Vidal	3/28	
Rich Shiller	3/28	
Lorraine Krzanak	3/29	
<b>Ed &amp; Linda McRobie</b>		<b>3/22</b>

**Everyone is Irish on St. Patty's Day!**

St. Patrick's Day occurs annually on March 17 in observance of the death of St. Patrick, the patron saint of Ireland. What began as a religious feast day in the 17th century has evolved into a variety of festivals across the globe celebrating Irish culture with parades, special foods, music, dancing and a whole lot of green.



## Chair Exercises

We would really like to have more people come and see what we do. Come by and take a look and maybe you will want to try it also. Exercises are held on Tuesday and Thursday at 10 am at the back club house. We do them sitting down and they are quite easy. Our regulars are Ruthie, Mabel, Bertha, Pat, Joe, Beth and Dave. You don't need to bring anything – we supply weights when needed and plastic plates.



Oscar, it was great having you come back. We all were so happy to see you.

*Pat Williams*

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## *Local Adventures.....by Joan Stearns*

Most of us who live in Orlando realize that there are more creative adventures than mouse ears, thrill rides, and daily parades. The freshwater springs and abundant lakes of Central Florida are central to the appeal of this region. Rarely do you see such bodies of water buffered by native hardwood forests, which makes Wekiwa Springs State Park, about 16 miles from downtown, worth the trip.

Giant spreading oaks covered in Spanish moss shade the grass and palmetto

fields where wild turkeys wander.

Show up early to join the regulars in

swimming circular laps in the designated swimming area of the Wekiwa River. Paddle the waterway, deemed a National Wild and Scenic River, looking for wild things, including alligators, deer, and black bear.



## March Activities

**Hello Ranchers!** I hope everyone enjoyed last month's beautiful weather. Congrats to Dave Blackwell for winning the Chili cook-off! I want to thank all of our volunteers who step up when needed. You guys rock! We are always looking for volunteers to help out at our activities. Please look at the volunteers needed section of the sign-up sheets and if you can help please put your name and phone number down. We are also looking for volunteers to join the Activities committee. It only takes a few hours of time every month. Please call me at 352-210-6868. If you don't want to join but have some ideas for activities please let us know. This month we are having our always popular Ice Cream Social and Gift Card Bingo on the 3<sup>rd</sup>, Vets and Friends on the 9<sup>th</sup> (Back Clubhouse) and a Senior Defensive Driving Course on the 10<sup>th</sup> (Must sign up and pay by the 7<sup>th</sup> of March with Vern Olsen). On Sunday the 11<sup>th</sup> and Friday the 16<sup>th</sup> Victor from Baldwin Brothers is doing a seminar on Cremation and Funeral costs. On the 17<sup>th</sup> is our St. Paddy's Day Corned Beef and Cabbage Dinner and on Tuesday the 20<sup>th</sup> is WellCare Bingo. On the 31<sup>st</sup> we will be having our Easter Dinner. Please check the calendar for correct times.

*Laurie Lyons*

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## Nearby Events

**March 1 -11: Florida Strawberry Festival, Plant City.** Strawberry celebration dating back to 1930. Features daily entertainment, agriculture shows, livestock and the Midway with more than 60 rides. This year headliners include The Oak Ridge Boys, Reba McEntire, Earth Wind & Fire and so many more. Gate admission ranges \$4 to \$8, and headliner's tickets begin at \$20. At Plant City Festival Grounds. Admission required. 813-752-9194.

**March 3 - 4: The Grant Seafood Festival, Grant.** This is the 52nd year of the famous Grant Seafood Festival. In addition to delicacies from the sea, the festival features entertainment and crafts exhibits from more than 100 artists at 4580 First Street. Festival hours are from 9 am to 7 pm on Saturday and 9 am to 5 pm on Sunday. Admission and parking are free. For information, visit [grantseafoodfestival.com](http://grantseafoodfestival.com)

**March 3: First Saturday Workshops & Jam, Barberville.** On the first Saturday each month visit the Pioneer Settlement music workshops and a free open music jam. Workshops begin at 10 am and jam sessions begin at 1 pm in the auditorium. Admission is free for members. 1776 Lightfoot Lane, 32105 386-749-2959.

**March 10: Taste of Oviedo, Oviedo.** The Taste of Oviedo offers visitors the opportunity to sample local fare. Craft beers, live music, "Kids Taste" tables and entertainment. Event hours are from 10 am to 6 pm. Admission is free. The event is at the Oviedo Mall, 1700 Oviedo Marketplace Boulevard.

**March 17: Downtown DeLand Classic Car Show, DeLand.** Every 3rd Saturday of the month. East Indiana Avenue in Downtown DeLand. Classic cars & rods line East Indiana Avenue in Downtown DeLand. Live DJ, giveaways, shopping & dining. 4 -7 pm. Free admission.

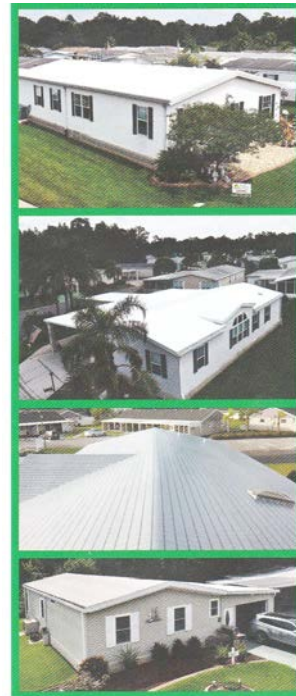
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**Robert Marley – Director**  
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### Editorial Notes.....*Jim Henley*

Have you received any strange calls lately? It is not unusual. I was recently helping one of our residents with a PC problem and was told about a strange call. It seems the phone rang and the person on the other end told them they were calling because the home computer had registered a serious problem. The resident was requested to go to their computer and log on a special account that would enable their repair people to analyze and make the necessary repairs. If they didn't take immediate action the computer would crash and all of the data (pictures, document, etc.) would be lost forever. Of course if the resident had followed these instructions the remote "technician" would actually take control of their PC and lock the resident out. Then the "real" kicker, in order to let the user have access again they would need to pay a small fee with their credit card. Thankfully, I was aware of this scam and instructed the resident to hang up. If there was anything wrong with the PC, I'm sure I would be able to fix it.

Unfortunately this is one of many scams perpetrated

on unexpected folks, often seniors, who may not have a background or training in the PC world.

Here are some of the methods:

- You receive a call from "Windows" or "Microsoft" telling you they noticed a problem on your PC.
  - Microsoft would never do this. They have no way to know your phone number.
- While you are on your computer reading the news or Facebook (actually anything), suddenly you have a really big blinking message that says you have a nasty virus and not to turn off your PC.
  - The fix: **Immediately** hold down your power off button until your pc shuts down. This usually takes about 10 seconds. (keep holding till it is all the way off). Next, just turn the PC back on and work as normal.
- Finally, not a PC scamp, but you receive a phone call from the IRS saying you owe some serious money and if you don't respond you will be arrested.
  - The IRS never does this. If you really have an IRS problem, you would know it.

There are others but just watch the news and take appropriate steps.

**News:** A new landscaping company (B&M Landscaping) will be starting on March 5, 2018.

It is their goal to bring in a crew large enough to cut the entire community in 1 or 2 days. At this time I do not know what days those will be.

Thanks, **David Stanz**  
Community Manager

### **Resident Advertisement**

**For Sale by Starlight Resident**  
**Dual Recliner Love Seat and a Single Recliner**  
**Tan Leather , Excellent Condition Both \$350.00 firm**  
**In Starlight Call: 407-371-7671**

*The following is an article from "Cure", a Cancer Update, Research & Education web site. It seems appropriate to review in our age group. See: [www.curetoday.com](http://www.curetoday.com) for more*

**'A Joyful Path Forward' Finding Beauty Close to Home**     BETH FAND INCOLLINGO

BEING CONFINED TO A 10-mile radius of your home could feel like a punishment. For Cat Gwynn, it became a journey of self-discovery.

After a diagnosis of triple-negative breast cancer, Gwynn underwent chemotherapy and radiation, as well as physical therapy and psychotherapy. Awash in side effects, immunocompromised and unable to work full time, she chose to stay on familiar ground in Los Feliz, the section of Los Angeles that has been her lifelong home.

Over three years, the professional photographer used her iPhone to document what she saw, creating stark and compelling images that reflect the humanity and beauty of the world around her. Shared in the book *10-Mile Radius* (Rare Bird Books; 2017), her perspective shows viewers what they might otherwise miss — the striking geometric lines created by everyday structures, and an array of arresting colors and patterns of light.

Gwynn describes the project as “a gratitude practice in motion,” her way of embracing and engaging with the cancer experience.

“Color, form, reflections, ironies and insights appeared everywhere, prompting my impressionistic response. Moments normally overlooked now felt precious. It all called out for my attention,” she says in the book. “My mortality stripped away supposition and broadened my sense of connection. I attuned to the immediacy of each day and found my purpose. This unique form of journaling transformed my vulnerability into substance and conception into stories. Cultivating a playful imagination paved a joyful path forward into the unknown. The stronger my creative muscle became the more my heart and eyes opened. Everything felt possible.”

The photos in *10-Mile Radius* include landscapes and portraits of people Gwynn met along the way, strangers on the street or in coffee shops, some of whose stories she briefly tells. Other shots are accompanied by Gwynn’s thoughts or by short poems or quotes from other creative minds, including singer Patti Smith and writer James Baldwin.

Readers also learn about Gwynn’s story, challenges and outlook, as well as how the project taught her “the value of reframing life” and relationships. It proved to her, Gwynn wrote, that “love saturates the world.”

With treatment behind her, Gwynn is sharing the transformative nature of her photo journey with others. She developed *10-Mile Radius: Creating a Personal Map for Wellness*, a program at recovery and wellness centers that emphasizes art creation and mindfulness as ways to help patients achieve what she calls “a shift in their personal narrative.”

Beautifully written and filled with captivating images, *10-Mile Radius* is a worthwhile read for anyone who has been touched by cancer. It’s a testament to the possibility that being mindful of the world around us can lead to the discovery of beauty and wonder, even in the darkest of times.

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*CAT GWYNN is an award-winning Los Angeles-based photographer. Her images have been published in photo art anthologies, including Don Ed Hardy’s book *Forever Yes: Art of the New Tattoo*, and in many other publications, including *Artforum*, *Texas Monthly* and *Artweek*. More of her photographs can be seen at [catgwynn.com](http://catgwynn.com).*

# Saludos Amigos Residentes del Rancho Starlight

Por: Jose Rodríguez, Residente

Quiero comenzar este artículo con buenas noticias, nos dicen que desde marzo 5 en adelante tendremos una nueva compañía de paisajismo, o sea, el mantenimiento de la grama. ¡Veremos! Nos dicen que su meta es traer suficiente personal para poder cortar la comunidad completa en dos días, otra vez, ¡veremos!

Queremos exhortarles que aprovechen las tremendas actividades ofrecidas en este parque, tales como: Ejercicios de sillas. Todos los martes y jueves a las 10:00am se reúne un grupito para hacer ejercicios mientras sentados. En el verano los ejercicios serán acuáticos, o sea, en la piscina. Ambos de estos ejercicios son muy beneficiosos para nosotros los que estamos envejeciendo.

El grupo de veteranos que se reúne el segundo viernes de cada mes les invita que pasen por allí aun si no es veterano, venga como visita. Toda persona que ha servido en las Fuerzas Armadas de los Estados Unidos es un veterano y queda automáticamente invitado. En estas sesiones todos participan, se goza y se como mucho y bueno. ¡Trátelos!

Con este bello tiempo que estamos disfrutando tenemos la oportunidad de pasearnos por nuestro parque y hablar con los vecinos y averiguamos que hay muchas preguntas. Por ejemplo: Pues nos damos cuenta de que una de las piscinas continúa cerrada, ¿por qué? Nos preguntamos ¿Qué hacen niños y jóvenes de edad escolar paseándose por las calles del Rancho Starlight en horas antes y después de escuela? ¿Por qué hay tantos jóvenes en carros, conduciendo a altas velocidades por nuestras calles? Y muchas preguntas más. Evidentemente muchas personas no están respetando las reglas y regulaciones que prometieron obedecer cuando firmaron sus contratos o Prospectus para mudarse para aquí. Todos tenemos que vivir bajo las mismas reglas y regulaciones, no hay excepciones y estas personas que siguen violando las reglas se van a ver defendiendo sus casas con la gerencia o en la corte.

Mi esposa me sirvió una deliciosa y **verde** hamburguesa en celebración del día de San Patricio. Cuando le pregunte como le dio ese color me dijo que no sabia de que yo hablaba.  
¡Hasta la próxima!

~ March 2018 ~

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Notes: ACH = Front Clubhouse MCH = Back Clubhouse				<b>1</b> Chair Exercise 10 AM MCH  Bunco 6:00 PM ACH	<b>2</b>	<b>3</b> Ice Cream Social and Gift Card Bingo 1 PM ACH
<b>4</b>	<b>5</b> Bingo 6:45 PM - ACH Last Sale - 6:30 PM	<b>6</b> Chair Exercise 10 AM MCH	<b>7</b> Bread 9 AM ACH	<b>8</b> Chair Exercise 10 AM MCH  Bunco 6:00 PM ACH	<b>9</b> Vets Social Hour 7 PM MCH	<b>10</b> Senior Defensive Driving Course - 6 Hours 9 AM ACH Light Lunch served
<b>11</b> Baldwin Brothers Seminar 3 PM ACH	<b>12</b> Bingo 6:45 PM - ACH Last Sale - 6:30 PM	<b>13</b> Chair Exercise 10 AM MCH	<b>14</b> Bread 9 AM ACH  HOA Board Mtg 6 PM ACH	<b>15</b> Chair Exercise 10 AM MCH  Bunco 6:00 PM ACH	<b>16</b> Baldwin Brothers Seminar 10 AM ACH	<b>17</b> St Patrick's Day Dinner 5 PM ACH Desserts Welcome
<b>18</b>	<b>19</b> Bingo 6:45 PM - ACH Last Sale - 6:30 PM	<b>20</b> Chair Exercise 10 AM MCH Wellcare Bingo 1 PM ACH	<b>21</b> Bread 9 AM ACH	<b>22</b> Chair Exercise 10 AM MCH  Bunco 6:00 PM ACH	<b>23</b>	<b>24</b>
<b>25</b>	<b>26</b> Bingo 6:45 PM - ACH Last Sale - 6:30 PM	<b>27</b> Chair Exercise 10 AM MCH	<b>28</b> Bread 9 AM ACH	<b>29</b> Chair Exercise 10 AM MCH  Bunco 6:00 PM ACH	<b>30</b>	<b>31</b> Easter Dinner 5 PM ACH Desserts Welcome